



## **CHOITHRAM SCHOOL**

**Department of Educational Research and Training**

**5, Manik Bagh road, Indore. Ph. No: 0731-2365255 / 2475252 -53-54**

**Certificate course on**

### **Early Childhood Care and Education**

***Vikas (Five-fold Development) - A keystone in Indian tradition***

The child is a whole being with panchako- shas or five sheaths. The layers are annamaya kosha (physical layer), prana- maya kosha (life force energy layer), manomaya kosha (mind layer), vijnana- maya kosha (intellectual layer) and anandamaya kosha (inner self). Each layer exhibits certain distinct characteristics. The holistic development of a child takes into account the nurturing and nourishment of these five layers.

The training shall be offering a detailed study of Montessori philosophy of education and Foundational stage learning as per the NEP 2020 with a hope to meet the growing needs of children. The approach is multidisciplinary, holistic education and integrity of all knowledge. Attainment, by all children for optimal outcomes in the domain of:

1. Physical and motor development
2. Cognitive development
3. Socio-emotional-ethical development
4. Cultural/artistic development
5. Literacy and Numeracy

## SESSION COMMENCEMENT - From August 17, 2023

### SUBJECTS-

1. **CHILD PSYCHOLOGY**- Early Childhood Care and Education
2. **LANGUAGE DEVELOPMENT**- Foundational Literacy
3. **COGNITIVE DEVELOPMENT- SENSORIAL**- Foundational Numeracy
4. **PERSONALITY DEVELOPMENT**- EPL- Exercises of Practical Life
5. **ART AND CRAFT**- Creativity and Artistic Skills

**A. Montessori Philosophy**- An introduction to the basic theoretical foundation to the Montessori approach to education.

- **Introduction to child Psychology**- The discovery of the child
- **Natural laws of Development**-Growing the child in a natural way
- **The prepared environment for the children**-To meet the vital needs of a child to develop their final personality
- **HOC- 'House of children'** An environment which helps children develop and grow their personality with freedom and self-discipline.
- **Nutrition** -An introduction to the nutritional information as it relates to toddlers and children up to age three.

**B. Foundational Stage Learning**- An introduction to the early child hood learning and foundational years developmental learning domains.

- **Child Psychology**- Child development and philosophy of the Montessori approach. Presents an overview of the Montessori approach on human development from birth till the age of 6 years. Prime focus on early childhood care and education of the small children.
- **Language**- Foundational literacy- Language development focuses on the spoken and written language activities as it acts as the foundation for all the other linguistic expressions. These activities aim for the enrichment and the refinement of the spoken language through phonic awareness and development of the graphical abilities for the sound symbol association.
- **Arithmetic**- Foundational Numeracy- 1. Cognitive development activities help to develop the mathematical mind of the child in terms *to gain an understanding of the concepts of numbers and the rudiments of four operations leading to the memorization of the basic arithmetic facts.*
- **Sensorial**- 2. Cognitive development sensory education prepares the child for the accurate perception. These activities help *to develop the Intellectual abilities i.e (Bauddhik Vikas): Observation, analytical mind, evaluation, synthesis, logical and reasoning abilities* in a child.
- **EPL- Personality Development** *activities help to develop the emotional and mental development (Manasik Vikas) of the child. The exercise of practical life and the child's acquisition of fundamental learning skills enables the child to develop the coordination of the movement by appealing to the vital need for the independence.*

- **Physical Education - Senso Motor Development** activities (*Sharirik Vikas*) *focus on the age-specific balanced physical development, physical fitness, flexibility, strength, and endurance; development of senses; nutrition, hygiene, personal health, expansion of physical abilities keeping in mind lifelong healthy living in a human being.*
- **Art and Craft**- Aesthetic Development activities are a story-based frame, especially for the socio- emotional and cultural learning experiences. A help to do spiritual development (Chaitsik Vikas): Happiness, love and compassion, spontaneity, freedom. A focus on the enhancement of the aesthetic sense, the awareness of visual and performing arts, culture, and literature.