

## ACADEMIC CURRICULUM PLAN

2020\_21

### PSYCHOLOGY XI

Month	Topic/Unit	Learning Objective		Resources/Activities	Expected Learning Outcome	Assessment
		Specific	Behavioural			
June (Online Class)	Chapter1 : What is Psychology?	<ul style="list-style-type: none"> <li>-Understanding nature and role of psychology in understanding mind and behavior</li> <li>-State the growth of the discipline</li> <li>-Know the different field of Psychology and its relationship with other discipline, and professions,</li> <li>-Appreciate the value of Psychology in daily life to understand oneself and others better.</li> </ul>	<ul style="list-style-type: none"> <li>- Building self-reflective practice</li> <li>- Building Self-awareness skill</li> <li>- Developing critical thinking</li> </ul>	<p>Asking students what they think could be the subject matter of Psychology.</p> <p>Facilitator would connect the discourse with introducing present chapter.</p> <p>2 Students will be provided with a list of sentences where they are to find out various psychological processes used.</p> <p><b><u>Art Integration:</u></b></p> <p>Make a collage of what is psychology, its scope and various</p>	<ul style="list-style-type: none"> <li>- Students will have the clarity between mind, behavior and experience.</li> <li>- Students will know the history and growth of Psychology as discipline.</li> <li>- Students will have clarity of various branches of the discipline and its connection with other discipline</li> <li>- Students will start the practice of</li> </ul>	A quiz or making a mindmap

				<p>branches.</p> <p><b><u>Digital Content:</u></b>  Read 1: Branches of Psychology  <a href="https://www.verywellmind.com/major-branches-of-psychology-4139786">https://www.verywellmind.com/major-branches-of-psychology-4139786</a>  Watch 2: What is Psychology?  <a href="https://www.youtube.com/watch?v=J3nlGWeIVj8">https://www.youtube.com/watch?v=J3nlGWeIVj8</a></p>	reflection.	
<p><b>June – July (Online classes)</b></p>	<p><b>Chapter 2:</b> Methods of Enquiry in psychology</p>	<ul style="list-style-type: none"> <li>- Understanding nature and goals of psychological enquiry</li> <li>- Awareness of various methodology of psychological enquiry</li> <li>- Learning ethical considerations and limitations of psychological enquiry</li> <li>- Understanding on how to analyze the data</li> </ul>	<ul style="list-style-type: none"> <li>- Building a mindset to reach to conclusion based on scientific enquiry than rash/biased/emotional judgements.</li> <li>- Critical thinking</li> </ul>	<ul style="list-style-type: none"> <li>- Imagine a world without any research. How will it be? What are the consequences of no research? What is research? What is enquiry? What is psychological enquiry? What is the need of psychological enquiry? Then connecting the discussion with the title.</li> </ul>	<ul style="list-style-type: none"> <li>- Students will know the goals of psychological enquiry,</li> <li>- Students will know various tools for a scientific enquiry</li> <li>- Students will start developing the skills of psychological enquiry</li> <li>- Students will know the importance of</li> </ul>	<p>Through class test of the chapter.</p>

				<ul style="list-style-type: none"><li>- Make students go through a thought process of “purchasing a new mobile phone” and discuss the steps. Relating this example with the process of psychological enquiry.</li><li>- Expanding the above example with the terminology and contexts coming in the chapter.</li></ul> <p><b><i>Art Integration:</i></b> Show the difference between participative or non participative through a drawing/sketch.</p> <p><b><i>Digital Content:-</i></b> Read: <a href="https://www.verywellmind.com/steps-of-the-scientific-method-2795782">https://www.verywellmind.com/steps-of-the-scientific-method-2795782</a></p> <p>Watch : Difference between subjective and objective reality.</p>	ethical consideration.	
--	--	--	--	--	------------------------	--

				<a href="https://www.youtube.com/watch?v=KwAottitJig">https://www.youtube.com/watch?v=KwAottitJig</a>		
<b>July-August (Online classes)</b>	<b>Chapter3 :</b> The basis of Human Behaviour	<ul style="list-style-type: none"> <li>- Understand the evolutionary nature of human behavior,</li> <li>- Relate the function of nervous system and endocrine system to behavior,</li> <li>- Explain the role of genetic factors in determining behavior,</li> <li>- Understand the role of culture in shaping human behavior,</li> <li>- Describe the processes of enculturation, socialization and acculturation</li> <li>- Relate biological and socio-cultural factors in understanding human behavior.</li> </ul>	<ul style="list-style-type: none"> <li>- Cultivate a habit of analyzing the base of one's own behavior.</li> <li>- Self awareness,</li> <li>- Self reflection</li> </ul>	<p>Discussion on indiscipline behaviour of students with the present group. Uncovering the why's of such behaviour and connecting the discourse with current chapter.</p> <p>2 Compare the experience of a new student in the school with an old student in the context of Socialization, enculturation and acculturation.</p> <p><b><u>Art Integration:</u></b> Make a collage on Evolutionary, Biologically and Social basis of behaviour.</p> <p><b><u>Digital Content: -</u></b> 1. Watch: Brain</p>	<ul style="list-style-type: none"> <li>- Students will be able to nurture a habit of connecting the evolutionary, biological, cultural and social reasons to understand a behavior,</li> <li>- Students will know the functions of nervous system and endocrine system and their connection with behavior</li> <li>- Student will cultivate a habit of self analysis of their own behaviour</li> </ul>	Mind map and question answer.

				<p>function  <a href="https://www.youtube.com/watch?v=DtkRGbTp1s8">https://www.youtube.com/watch?v=DtkRGbTp1s8</a></p> <p>2.short one  <a href="https://www.youtube.com/watch?v=pRFXSjpkKWA">https://www.youtube.com/watch?v=pRFXSjpkKWA</a></p> <p>3.Watch: synaptic function  <a href="https://www.youtube.com/watch?v=WhoW0kb7n0">https://www.youtube.com/watch?v=WhoW0kb7n0</a></p> <p>4.Watch : Neuron  <a href="https://www.youtube.com/watch?v=6qS83wD29PY">https://www.youtube.com/watch?v=6qS83wD29PY</a></p>		
<p><b>August-September (Online Classes)</b></p>	<p><b>Chapter4 :</b>  Human Development</p>	<ul style="list-style-type: none"> <li>- Describe the meaning and process of development,</li> <li>- Explain the influence of heredity, environment and context on human development</li> <li>- Identify the stages of development and describe the major characteristics of each</li> </ul>	<ul style="list-style-type: none"> <li>- Self awareness[one’s own developmental stage],</li> <li>- Self reflection,</li> <li>- Know how to deal with people differently who are at various developmental stages.</li> </ul>	<ul style="list-style-type: none"> <li>- Asking students to share the lifespan of human being starting from birth to death. Asking questions to bring into awareness various aspects of development [physical, social, emotional, moral</li> </ul>	<ul style="list-style-type: none"> <li>- Students will understand the process of development,</li> <li>- Student will know various factors affecting human development,</li> <li>- Students will be aware of their own</li> </ul>	<p>Mind map.</p> <p>Class presentation</p>

		<p>stage,  - Reflect on one's own course of development and related experiences.</p>		<p>and cognitive] changes and noting it on board. In the end give it a label to understand the bigger chunks of lifespan development.</p> <p>2  <a href="https://www.youtube.com/watch?v=gWJrZ7MHpY">https://www.youtube.com/watch?v=gWJrZ7MHpY</a>  Discussion on the given link.  <a href="https://www.youtube.com/watch?v=kV0o6RK54-M">https://www.youtube.com/watch?v=kV0o6RK54-M</a>  Discussion.  <b><i>Art Integration:</i></b>  Express life style development by using any medium of art.  <b><i>Digital Content: -</i></b>  1. Watch -  Conservation  <a href="https://www.youtube.com/watch?v=gnArvcWaH6I">https://www.youtube.com/watch?v=gnArvcWaH6I</a>  2. Toddlers regulate</p>	<p>developmental stage and its effect,  - Students will know various stages of development.</p>	
--	--	--	--	---	---	--

				behaviour <a href="https://www.youtube.com/watch?v=7FC4qRD1vn8">https://www.youtube.com/watch?v=7FC4qRD1vn8</a>		
<b>September October (Online classes)</b>	<b>Chapter 5 :</b> Sensory, Attentional and perceptual processes	<ul style="list-style-type: none"> <li>- Understand the nature of sensory processes,</li> <li>- Explain the process and types of attention,</li> <li>- Analyse the problems of form and space perception,</li> <li>- Examine the role of socio- cultural factors in perception,</li> <li>- Reflect on sensory, attentional, and perceptual processes in everyday life.</li> </ul>	<ul style="list-style-type: none"> <li>- Self awareness,</li> <li>- Reflection,</li> <li>- Observation, appreciating bigger picture and details</li> </ul>	<ul style="list-style-type: none"> <li>- A 10 minute mindful meditation followed by discussion on the experience of it. What is the difference they feel when focus was brought to body, then to heart and breath? Are these processes still working? Why were you not aware of these earlier? How attention is making these things come into foreground and background? How did you measure the difference/threshold etc.</li> <li>- Pictures of</li> </ul>	<ul style="list-style-type: none"> <li>- Students will know how humans makes meaning {biological and psychological factors}</li> <li>- Students will know build self awareness</li> <li>- Students will know what are attentional, sensory and perceptual processes and their importance in our daily life.</li> </ul>	Online quiz.

				<p>various illusions where image create multiple meaning/reality followed by discussion and connecting it with perception/figure and background perception.</p> <ul style="list-style-type: none"> <li>- Holding a pencil in front of nose and bringing it near to eyes followed by discussion on what happened and role of various senses.</li> <li>- Stand in "Vrakshasana" with eyes open and close followed by discussion on what happened, which sense organ is used etc.</li> </ul> <p><b><u>Art Integration:</u></b> Draw/paint an image based on Figure and Ground concept.</p> <p><b><u>Digital Content: -</u></b></p>	
--	--	--	--	---	--



				<p>1. Watch : Basic Perception <a href="https://www.youtube.com/watch?v=WYrNI3YT-KE">https://www.youtube.com/watch?v=WYrNI3YT-KE</a></p> <p>2. Watch : Gestalt <a href="https://www.youtube.com/watch?v=dk7cXdjX2Ys">https://www.youtube.com/watch?v=dk7cXdjX2Ys</a></p>		
--	--	--	--	--	--	--