CHOITHRAM SCHOOL, MANIK BAGH, INDORE

ANNUAL CURRICULUM PLAN SESSION – 2020 - 21

CLASS: XI

SUBJECT:BIOLOGY-Term-I

Month &	Theme/ Sub-theme	Learr	ning Objectives	Activities & Resources	Expected	Assessment
Working		Subject Specific	Behavioural		Learning	
Days		(Content Based)	(Application based)		Outcomes	
May-21	Theme-Diversity in the	To make students	To emphasizeon the	1.Group discussion on how these aids are helpful for	Analyse the	Group
	Living World	understand and	development of observational	biology students.	importance of	discussion,
		differentiate between	and analytical skills and	2.Importance of classifying organisms on the basis of	Zoological parks	Classification
	Sub themes-	Living and Non living	inculcating values like	hierarchy.	and museum in	
	Living World	organisms	Responsibility, Coordination		creating interest	
	-Characteristics of living		AwarenessandConcern		about wild life,	
	organisms	To classify different			providing	
	-History of classification	Living organism on the	Students will be empathetic		education,	
	-Nomenclature	basis of hierarchy	towards the animals		furnishing	
	-Hierarchial classification		Students will learn about many		recreation and	
	Taxonomical Aids	To familiarize with	medicinal plants and its use in		conservation of	
		different Taxonomical	day to day life		endangered	
		Aids like	duy to duy me		species	
		Herbarium, botanical				
		garden, Zoological			They were able to	
		museum and facilitate,			evaluate the	
		identify and classify			importance of	
		different organisms			botanical garden	
					in educating	
					public about	
					country's plant	
					wealth and	
					stimulate people	

					to grow more	
					trees.	
May	Biological Classification-	Understand and	Students will be able to-	1.To study different parts of microscope and its	The learner have	Assignment
	Monera	describe about two,		working	learnt and	
		three,four,five kingdom	Develop team work, cooperation,		understood about	
		classification.	concern, empathy by studying	2.To observe different slides of the kingdom monera	the structure,	
			diversity in living organisms.	and protista and comment on it	habitat,	
June-17	Protista	Understand and explain			physiology, life	
	Fungi	systematics under four	Inculcate the value of usefulness	3.To observe different specimens and slides of	cycle and	
		heads-	by studying the economic	kingdom Fungi and comment on it	economic	
	Plant Kingdom	identification,	different engenieres		importance of	
		classification	different organisms.	4.To observe the different specimens of plant	different	
		Nomenclature,	Develop consitivity concern and	kingdom and comment on it	organisms of	
		Taxonomy	ampethy towards neture by		Kingdom-	
			studying flore and found	5. Spotting- To identify the given organism, classify,	Monera, Protista,	
		Explain and	studying nora and fauna.	draw and write its significant characteristics	Fungi, Plant	
		comprehend the	Appreciate the change in higher		kingdom	
		characteristic features	organisms which was due to the		. .	
		of different kingdom	gradual changes in the lower		Learners have	
		(monera, protista, fungi)	organisms		comprehended	
		with examples, their	organisms.		that basis of	
		physiology and their	Develop curosity and eagerness		diversity is the	
		connectivity to different	to find the missing links between		adaptation	
		Kingdom	organisms of same kingdom and		evolved by	
		Classify and describe	connecting links between		organisms to	
		Classify and describe	organisms of different kingdom		survive in diverse	
		different divisions			the face of	
		the lophyte brophyte			opposition for	
		ntaridanhyta			limited recourses	
		gymnosperm and			minieu resources.	
		angiosperm			Analyse and	
					Analyse and evaluate role of	

		The students will be able to comprehend and relate how cryptogams and phanerogams plants differ in their life cycle.			various microbes in the different products of our daily life. They were able to evaluate that blue green algae (ancient	
					phosynthetic prokaryotes)added oxygen to the atmosphere which helped the evolution of aerobic eukaryotes	
July-26	Animal Kingdom	Students will be able to learn, understand the concept and classify Animal kingdom under different phylum porifera, cnidaria, ctenophore, platyhelminthes, aschelminthes, annelid, mollusca, arthropoda, echinodermata, chordata. They will explore their critical thinking by Connecting the lower forms of organisms to	To emphasize on development of observational, analytical skills and inculcating values like Responsibility, Coordination and Collaboration, Creativity, Awareness, Concerns Learners will understand about the economic importance of the organism Will be able to link food chain and web	 1.To observe the different specimens of animal kingdom and comment on it 2.Spotting- To identify the given organism, classify, draw and write its significant characteristics 	The learner have learnt and understood about the structure, habitat, physiology , life cycle and economic importance of different organisms of Kingdom Animalia Learners have comprehended that basis of	Spotting Assignment

		the higher forms which led to evolution.			diversity is the adaptation evolved by organisms to survive in diverse environment in the face of competition for limited resources	
July	Digestion and Absorption Types of Nutrition Human Digestive System Nutritional disorders	To make them understand about the Digestive system and various organs related to it. To comprehend the mechanism of Digestion of Food starting with ingestion, digestion, absorption, assimilation and egestion To analyze the different enzymatic action on various food component and make themaware about different disorders of Digestive system	Students will develop scientific temperament and inquisitiveness. Infer the hypo or hyper secretion of hormones of pancreas causes diabetes mellitus Analyze the process of digestion of carbohydrate, protein and fats and understand the mechanism behind the absorption. Students will apply the knowledge of nutrient deficiency can cause different deficiency diseases like night blindness, kwashiorkor, beri-beri etc The learners can infer the cause of obesity due to excess of fatty food.	To test the presence of protein, starch and fats in the different food samples https://amrita.olabs.edu.in/?sub=79&brch=17∼=205&cnt=694	The learners learnt about the process of digestion in different parts of the digestive system They were able to evaluate the importance of enzymes and gastric juices in the process of digestion. Understood the processes by which gastric parietal cells secrete hydrochloric acid	To test the presence of protein starch and fats in the different food Assignment
		Indicate the importance	Students will be able to identify		hydrochloric acid into the stomach.	

of the hepatic portal	type of food that should be taken			
system.	at morning and evening	Unde	lerstand the	
		neura	ral and	
Describe the tissue	They were able to recognize that	horm	nonal	
composition and the	problem of acidity or ulcer or any	regu	lation of	
general function of each	other disorder is due to improper	diges	stion.	
of the four layers of the	function of different organs of			
alimentary canal.	digestive system	.Con	mpare the	
		gene	eral structure	
Describe the	They were able to analyze that	of te	eth of	
composition and	duration for digestion of fats is	herb	pivores,	
functions of saliva, and	more than protein and	carni	ivores, and	
explain how salivation	carbohydrates	omn	nivores.	
is regulated.				
	Compare the benefits and	Desc	cribe the	
Explain the dental	drawbacks of carbohydrates,	diges	estive	
formula and	lipids, and proteins in the diet.	activ	vities that A	Assignment
differentiate clearly		occu	ur in the	
between deciduous and	Discuss how to control diabetes	mout	ith and	
permanent teeth.	type 2 and cardiovascular disease	indic	cate how food	
	through diet and exercise.	passe	ses from the	
Identify structural		mout	th to the	
modifications of the	Define three types of eating	stom	nach.	
wall of the stomach that	disorders, and list the harmful			
enhance the digestive	consequences of each.	Desc	cribe the	
process		diges	stive	
		activ	vities of and	
Name the cell types	Learners can Interpret the causes	secre	etions	
responsible for	of diseases due to over or hypo	prod	luced by the	
secreting the various	secretion of hormones	stom	nach.	
components of gastric				
juice and indicate the		Desc	cribe the	
importance of		diges	stive and	
eachcomponent in		abso	orptive	
stomach activity.		activ	vities of the	

		small intestine,	
	Identify and describe	including its	
	structural modifications	secretions.	
	of the wall of the small		
	intestine that enhance	Explain the	
	the digestive process.	importance of	
		convolutions in	
	Describe the	the digestive tract;	
	histological anatomy of	identify the	
	the liver.	regions that are	
	State the role of bile in	highly convoluted	
	digestion and describe	and the regions	
	how its entry into the	that are not	
	small intestine is	convoluted.	
	regulated		
		Explain the	
	State the role of	digestive	
	pancreatic juice in	activities	
	digestion.	associated with	
		the large intestine.	
	List the enzymes		
	involved in chemical	Understand the	
	digestion of the	symbiotic	
	foodstuffs on which	relationships that	
	they act.	enhance digestive	
		activities in the	
		vertebrates.	
		Know the two	
		kinds of exocrine	
		cells present in	
		the pancreas and	
		the function(s) of	
		each of their	

					secretions.	
					Describe the metabolic and digestive activities of the liver.	
					Explain the importance of regulating food intake.	
					Understand the importance of essential nutrients including vitamins and amino acids.	
August-20	Breathing and Exchange	Breathing and	Analyze the various functions of	To prove that we breathe out CO2 during respiration	The learners will	Assignment
	OI Gases	Exchange of Gases	Respiratory organs in Human Beings	by an activity which shows lime water turns milky	learn about the	
	 Types 01 respiration 	types of Respiration	Demgs	Demonstrate the process of Fermentation by	respiration and	
	Human	with examples.	Evaluate how the alveolies in	preparing vinegar.	different parts	
	- Human respiratory		lungs help in diffusion of gases	holming into gain	responsible for	
	System	To familiarize with		Identify the Human Respiratory organs.	the respiratory	
	bystem					

• Disorders of	different Respiratory	Identify the cause of respiratory	system
Respiratory	organs	disorders like bronchitis,	
System	To make them	emphysema, pneumonia, asthama	Will be able to
	understand and	etc.	describe how
	differentiate between		oxygen is
	breathing and	Relate how nicotine in tobacco	transported in the
	respiration.	triggers the respiratory diseases	blood, and explain
			how oxygen
	The learners will	Describe respiratory differences	loading and
	Understand about the	of the child and the older adult	unloading is
	respiratory organs of		affected by
	numan beings and	Explain why carbon monoxide is	temperature, pH,
	describe their functions.	poisonous for the living	temp and pCO2
	To apprehend them	organisms when inhaled.	
	with the working of	Relate partial pressure (Daltons	Able to
	respiratory system	law) with diffusion of gases and	understand and
	To educate them with	Henry's law with the type of	describe carbon
	the Disorders of	gases which dissolves in blood.	dioxide transport
	respiratory system		in the blood.
	respiratory system	Analyse approximately how	
		much oxygen and CO_2 is carried	Analyse the
		in the plasma and with	mechanism of
		hemoglobin	gas exchange
			between the
			alveoli and
			pulmonary
			capillaries.
			Identify where the
			main respiratory
			control center is
			located.
			Summerize how
			oxygen is

					transported	
					body	
					louy	
					Evaluate how	
					increase in	
					temperature and	
					decrease in pH	
					(increase in	
					(Increase in)	
					pCO2)affects	
					unloading	
					unioading.	
					Awara of different	
					Aware of unferent	
					disorders	
					disorders.	
August	Photographogic in Higher	Dhotogynthogig in	The learners will enclose the	1 To observe the offect of light in plants for	Evaluin the	Assignment
August	Photosynthesis in Higher	Photosynthesis in	formation of assimilatory neuron	reacted and the effect of light in plants for	Explain the	Assignment
	Plants	Higher Plants	which holes d in the process of	photosynthesis	general reaction	
		To make them	which helped in the process of	2 To sharmy the stampto in the lawyer and your of	in terms of water	Tashaamua
	History of	the Earler Error incents	photosynthesis	2.10 observe the stomata in the lower and upper	in terms of water,	10 observe
	Photosynthesis	the Early Experiments		epidermis of leaf and find the stomatal index	ngnt, oxygen and	the stomata in
	• Chloroplast and its	T 1 1 1 1	The learners evaluated the		carbon dioxide	the lower and
	pigments	To explain and make	essentiality of light, water and	3.10 detect the formation of starch in different leaves	and carbonydrate.	upper
	 Process and 	them understand the	CO_2 for the process of			epidermis of
	Mechanism of	structure of chloroplast	photosynthesis	4.10 prove the presence of chlorophyll by paper	Describe the	lear and find
	Photosynthesis	where Light reaction		chromatography	structure of the	the stomatal
	 Factors Affecting 	takes place	All food and fiber produced on		chloroplast.	index
	Photosynthesis		earth is ultimately due to	ntips://amrita.olabs.edu.in/?sub=/9&brch=1/∼		
		Understand the	pnotosynthesis	=124 & cnt = 443	Explain the	
		importance of	.		difference	
		photosynthesis in plant	Increasing interest in plants as		between the light	
		growth	sinks for carbon		reactions and the	

		Explain the mechanism of Photosynthesis-light and dark reaction	All organic compounds needed for plant growth (proteins, lipids, starches, sugars) are derived from the products of photosynthesis		Relate the absorption spectrum of a	
		between C_3 and C_4 plants Analyse the process of	Any abiotic or biotic factor that limits photosynthesis will ultimately limit plant growth and survival		color. Compare the function of the two photosystems	
		Crassulacean Acid Metabolism in Succulent plants Comprehend the Source-sink relations • Source – Point where	Correlate the connection in the end products of photosynthesis and respiration and vice versa		(cyclic and non cyclic) in green plants Evaluate how ATP and NADH is generated in the light reaction.	
		carbohydrates are produced (leaves) or released from storage (roots, stems) • Sink – point on the plant where carbohydrates are used			Infer how the Calvin cycle produces glucose. They were able to	
		for growth or stored List the factors that affect photosynthesis			synthesized the importance of light, water and CO2 for the light and dark reaction of photosynthesis along with the	
August	Respiration in plants	To make the student	Able to analyse the cause of	To compare the rate of respiration in germinating	role of stomata	To compare

	Exchange of gases; cellular	understand the	aerobic and anaerobic respiration	seeds (carbohydrate, proteins and fats)	be able to discuss	the rate of
	respiration - glycolysis,	mechanism of	1	2. To prove anaerobic respiration takes place in	the metabolic	respiration in
	fermentation (anaerobic),	Glycolysis and relate it	Evaluate the process of	yeast.(alcohol fermentation)	pathway for the	germinating
	TCA cycle and electron	with other physiological	fermentation in daily food items	3. To prove CO_2 is given out during respiration	catabolism of	seeds
	transport system (aerobic);	process.		(aerobic)	glucose.	(carbohydrate,
	energy relations - number		Will be able to describe how			proteins and
	of ATP molecules	To make them	glucose, fats, and proteins enter	https://amrita.olabs.edu.in/?sub=79&brch=17∼	Be able to identify	fats)
	generated; amphibolic	differentiate between	pathways for energy	=204& <i>cnt</i> =671	key intermediates	
	pathways; respiratory	Fermentation/Anaerobic			and the location	Assignment
	quotient	and Aerobic respiration			of the key	
			Explain the structure and role of		processes in	
			ATP and how it releases energy		cellular	
					respiration.	
					Learners will be	
					able to explain the	
					chemiosmotic	
					mechanism of	
					ATP synthesis.	
					Explain how	
					glucose, fats, and	
					proteins enter	
					pathways for	
					energy release.	
September-	Body fluids and	Body fluids and		1.To observe the permanent slide of blood cells	The learners	To make a
24	circulation	circulation	To emphasized on development	2.To test blood group and Rh factor.	learnt and	punnette
	 Blood and its 	To make them aware	of skills like observational,	3.To make a punnette square to prove the blood	understood about	square to
	function	about different	experimental and inculcating	group detected by analysis satisfies the phenotypic	the different	prove the
	Blood groups	components of Blood	values like Care and Safety, ,	ratio by crossing the parental blood groups.	components of	blood group
	(ABO and Rh		Responsibility, Awareness.		blood, blood	detected by
	System)	To differentiate			groups and	analysis
	Blood clotting	between blood and	Students will be able to analyse	https://deb.amite.adu/2pub.20hash.CO0.dou.1020.cd	mechanism of	satisfies the
	• Human Heart and	Lympn (tissue fluid)	the importance of blood group	nttps://viab.amrita.edu/?sub=3&brch=69∼=192&cnt	blood clotting.	pnenotypic
	its working	Blood groups and Rh	during blood transfusion and	<u>=1</u>		ratio by

	Cardiovascular	factor.	child birth		The learners	crossing the
	diseases				comprehended	parental blood
	• Lymphatic system	To make them	They could interpret the cause of		and analysed the	groups.
		understand about the	haemophilia		cardiac cycle	
		mechanism of blood				
		clot	The learners analysed the		They understood	
			importance of pacemaker during		the mechanism of	
		To make them	cardiac failure		heart beat and	
		comprehend the			interpreted it with	
		mechanism of Double			pacemaker.	
		circulation in humans			The students	
					learnt to evaluate	
		To explain the mode of			between the	
		Regulation of cardiac			normal and	
		Activity			abnormal	
					cardiograms	
		To make them aware				
		about various disorders			The students	
		of Circulatory System			analysed and	
					interpreted	
		To educate them with			various causes of	
		various technologies			cardiovascular	
		used to treat cardiac			diseases	
		disorder				
Sontombor	Everetory System	Exerctory System	The students will be able to	1 To analyze the presence of sugar bile solts yroo	The students	1 To analyza
Schrennet	• Human avaratory	To make the familiarize	analyse that kidney failure can	in urine	understood the	the presence
	• Human excitiony	with the different parts	lead to haemodialysis or repal		nhysiology of	of sugar bile
	Dhysiclogy of	of Human excretory	transplantation		excretion	salts urea in
	 Filysiology of 	or municipation of the second of y	i anopiantation		CACICION	suns, urca m

	excretion	system		https://amrita.olabs.edu.in/?sub=79&brch=17∼=		urine
	Countercurrent		Students will be able to apply	<u>207&cnt=622</u>	The student	
	Mechanism of	To explain about the	the knowledge that accumulation		comprehended the	Assignment
	Urine concentration	mechanism of Urine	of bile salts can lead to kidney	https://amrita.olabs.edu.in/?sub=79&brch=17∼=	mechanism of	
	• Function of Kidney	formation Micturition	stone and gout	<u>206&cnt=534</u>	excretion	
	• Kidney disorders					
	Artificial Kidney	To make them aware		https://amrita.olabs.edu.in/?sub=79&brch=17∼=	The learners	
	• Renal	about different		208&cnt=610	analysed when	
	Transplantation	disorders of Excretory			dialysis and renal	
		system		https://amrita.olabs.edu.in/?sub=79&brch=17∼=	transplant is	
				211&cnt=686	essential	
		To educate them with				
		various technologies				
		used to treat renal				
		disorder				
		To make them				
		understand the				
		application of				
		haemodialysis				
G		Manul ala an af	To acquire shills like	1 To charge different types of reate and modified	The students will	To study and
September	Norphology of flowering	Morphology of flowering Diamta	To acquire skills like	1.10 observe different types of roots and modified	The students will	To study and
	Plants	To make the students	by pothesis testing articulation of	TOOLS.	different types of	display
	Concrel characters of root	understand about	appointed to the string and the string and the string appointed to the string	2 To observe different types of stoms leaves roots	modification in	of flower and
	stem leaves and flowers	various morphological	soiontific yoosbulary	2.10 Observe different types of stellis, leaves foots	root stom and	of flower and make its floral
	Modification of root stem	features of plants and	scientific vocabulary.	and nowers.	looves	diagram and
	leaves inflorescence	their modified parts like	To develop their drawing skills	3 To observe different types modified leaves stem	icaves	formula
	Flower its parts	Root Stem Leaf	by making them draw intricate	roots and inflorescence	They would be	Iormana
	Taxonomical description of	Inflorescence Flower	plant parts and label them for		able to apply the	
	Flower		better understanding	4 To observe and study different types of seeds	knowledge of	
	Fruit and its Classification	To identify different		1. To observe and study anterent types of seeds	different technical	
	Seeds and its types	types of inflorescence	Understand how	5.Spotting – To identify and comment on the	aspects of flower	
	Taxonomical description of	flower. leaves	ecological factors in a particular	specimens of root stem and leaf modification.	in identifying the	
	some Important Families	according to the	habitat, influence the	6. To study and display different types of flower and	different families	
	like Solanaceae, Fabaceae,	acquired knowledge.	modification of root, stem and	make its floral diagram and formula	by drawing the	

Liliaceae		leaf		floral parts and	
	To make them		https://amrita.olabs.edu.in/?sub=79&brch=17∼=	floral formula.	
	understand and analyze	Students will learn how crop	198&cnt=2		
	different types of Fruits	science relates to the economy		Students will	
	and Seeds	and environment, both currently		understand basic	
		and in the future.		principles,	
	To make them identify,			processes and	
	understand and analyze	Students will understand how the		functions of plant	
	the technical description	environment influences plant		growth and	
	of flowering plant and	growth and crop yields, and ways		reproduction,	
	interpret with some	to modify the environment to		including	
	Important Families	improve plant growth and yields.		photosynthesis,	
				respiration,	
		Students will be able to identify		transpiration,	
		soil types and will be able to		vegetative growth	
		identify ways to improve soil		and reproductive	
		fertility as well as reduce soil		growth,	
		erosion and improve water		fertilization and	
		quality and		fruit formation	
				Identifying the	
				parts of a typical	
				flower and the	
				function of each	
				part.	
				Identifying types	
				of fleshy and dry	
				fruits and will	
				know how simple,	
				aggregate, and	
				multiple fruits are	
				derived from the	
				flowers.	
				Explaining the	

		adaptations of	
		fruits and seeds to	
		the agents by	
		which they are	
		dispersed	
		dispersed.	
		Evaluining the	
		changes that occur	
		when a seed	
		germinates and	
		environmental	
		conditions	
		necessary.	
		Explaining the	
		factors that	
		control dormancy	
		and describing	
		how these may be	
		how these may be broken both	
		DIOKEII DOUII	
		artificially.	
		~ 1	
		Students will be	
		able to identify	
		plant vegetative	
		and reproductive	
		structures.	
		Students will	
		understand how	
		the environment	
		influences plant	
		growth and cron	
		violds and wave	
		yielus, allu ways	

					to modify the	
					environment to	
					improve plant	
					growth and vields.	
					growin and yronds.	
					Students will	
					understand the	
					factors affecting	
					the need to find	
					une need to mid	
					sustainable	
					practices for	
					Studente will	
					students will	
					nutritive value of	
					iruits, nuts and	
					vegetables in the	
			~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~		human diet	
September	Anatomy of Flowering	Anatomy of Flowering	Calculate the age of the trees	To prepare temporary mount of monocot stem and	The students will	Assignment
	Plants	Plants		root and dicot stem and root and observe under	understand the	
		To make them	Design Experimental setups and	microscope.	internal structure	
	Meristematic tissue	comprehend from the	undergo hypothesis testing;		of root and stem	
	Permanent Tissue	previous knowledge		https://amrita.olabs.edu.in/?sub=79&brch=17∼=	of dicot and	
	Tissue System	about Tissues and	Apply the different Microscopic	192&cnt=675	monocot plants.	
	Primary Structure of Root	Tissue System	techniques in observing the			
	Internal structure of		anatomy of leaf, stem, root.		They will evaluate	
	monocot and dicot root,	To make the students			the role of	
	leaf and stem	understand about the	Examine Oral and written		vascular bundles	
	Secondary growth in Stem	anatomy of Anatomy of	presentation of their own work		in the secondary	
		Dicotyledons and			growth	
		Monocotyledons roots,	Students will develop scientific			
		stem and leaves	temperament and inquisitiveness,		Learners will be	
			observational, diagrammatic,		able to calculate	
		To make them	accuracy, analysis.		the age of trees by	
		understand the concept			counting the	

	of Secondary Growth	Relate plant anatomy in wood	annual rings	
	and its mechanism	technology archaeology		
		forensics and paleontology.	The students will	
	To make them study	learn more about how organisms	be able to draw	
	and understand about	are put together and how they	identify and	
	different Plant Life	work	describe vascular	
	Cuolog and Alternation	WOIK		
	Cycles and Alternation		patterns in stems	
	of Generations	Address plant diseases and	and roots of	
		stressful condition	vascular plants	
			with and without	
		To emphasized on development	secondary	
		of skills like observational,	growth;	
		diagrammatical and experimental		
		and inculcating values like	Students will	
		Creativity (while drawing the	develop creativity,	
		diagram), Awareness by	decision making,	
		identifying the location of	analysis, accuracy	
		different tissues of plant	and logical	
			thinking in them.	
		They would be able to apply the	_	
		knowledge of different technical		
		aspects of flower in identifying		
		the different families.		

 Structurel engeningtion		
in animals		

Month &	Theme/ Sub-	Learning	Objectives	Activities & Resources	Expected Learning Outcomes	Assessment
Working Days	theme	Subject Specific	Behavioural			
		(Content Based)	(Application based)			
October-22	Locomotion	Students will be able	To apply the learning to		Students-	Half yearly
	and	to-	determine the effect of	Activity-	Identify all the bones of the	(10 Oct – 21 Oct
	Movement	Classify the	contractile proteins and	1.Explore the bones, muscles and	appendicular and axial skeleton	2019).
	Types of	skeleton system into	Ca^{+2} in muscle	joints in human skeletal system.	on a human skeleton model.	Study of different
	movement -	Axial and	contraction.	2. Puzzle -		types of bones and
	ciliary,	Appendicular system		Assemble bones of human skeleton-	Will Compare between male and	cartilage of human
	flagellar,		Able to differentiate	3.Identifying different activities by	female skeletons, and	body by models
	muscular;	Categorize different	between male and	using different muscles striated, non	differentiate between the bones	
	skeletal	types of muscles.	female skeletal system.	striated and smooth muscles	of individuals at different ages	
	muscle-					
	contractile	Analyze anatomical	Able to justify muscular	4. Role play of synovial joints with	Discussed bones are hard but still	
	proteins and	structures of skeleton	disorder due to	various day to day life activities.	needs to be protected. So we	
	muscle	in relationship to their	chromosomal		should wear helmets when we	
	contraction;	physiological	abbrebiations -		ride two wheelers	
	skeletal system	functions.	myasthenia gravis			
	and its		(break down in		Prescribed one should visit a	
	functions;	Summerise the	communication		orthopedic doctor if one has	
	joints;	mechanism of muscle	between nerves and		broken any bone, cartilage,	
	disorders of	contraction	muscles), tetany(defect		ligament.	
	muscular and		in chromosome 22),			
	skeletal system	Judge the cause of	muscular		Concluded Food with calcium are	
		different	dystrophy(gene that		(fish, cheese, yogurt, milk,	
		Muscular Disorders -	make protein is		cheese, spinach and yogurt)and	
			defective) and		vitamin D (fish, cheese, eggs,	

			auto immune disorder		volk)	
			(arthritis osteoporosis		yom)	
			(artificitis, osteoporosis,		Appraised muscles need exercise	
			gout		to stay healthy and grow strong	
					to stay heating and grow strong.	
			Students will integrate		Pointed out the roles of calcium	
			the ability to		(Ca^{2+}) and ATP in muscle	
			advocatefor personal,		contraction	
			family and community		contraction	
			health.		Manipulated the major risk	
					factors for different muscular	
			Propose aging related		disorders (osteoporosis, arthiritis	
			changes in the muscular		etc) and its prevention	
			system		cie) and its prevention.	
			Prescribe how evercise			
			can help to maintain a			
			healthy muscular			
			system of the body			
			system of the body			
		Students –	Able to evaluate how	Activity -1. Sketch various parts of	Student-	Spotting
November-20	Neural control	Will study several	information passes from	brain assess various function of it.		Unit Test
	and	major organs that	one neuron to another.		Will be able to describe function	Assignment
	Coordination	function as a part of		Activities -2 – Distinguish between	of brain, spinal cord, and nerves	C C
	Neuron and	nervous system.	Analyze how an action	classical (pavlovian) conditioning and	after modelling each part's job in	
	nerves;		potential is generated	instrumental (operant) conditioning	the nervous system.	To draw T.S. of
	Nervous	Outline the need of	and propagated	and understand how they work		Cochlea and Eye
	system in	communication		separately and together to influence	Will demonstrate that the nervous	
	humans -	systems within the	Summarize how	human behavior in the world outside	system is responsible for	
	central nervous	humans to respond the	alcohol, nicotine, drugs,	the laboratory	communication between different	
	system;	changes in the internal	cocaine, heroin, and		parts of the body, detecting	
	peripheral	and external	marijuana affect the	Different activities to observe the	stimuli in the body and directing	
	nervous system	environment.	nervous system.	reflex action in day to day life eg; by	body's responses.	
	and visceral			observing sudden with drawl of finger		
	nervous	Discuss the role of		or hand with hot, cold water or	Describe the structure of a typical	
	system;	different sensory	Infer how rods and	pointed objects, jerking of knee when	neuron and indicate the	

generation and	receptors in humans in	cones in eye helps in	hit below knee cap.	function(s) of each of its parts.	
conduction of	converting different	identifying different			
nerve impulse;	forms of energy into	colours.	Pupilary light reflex. Closing of eye	Explain what is meant by resting	
reflex action;	nerve impulse		when strong light is suddenly focused	membrane potential and	
sensory	~	Categorize and	on it.	depolarization and understand	
perception;	Draw and label the	interpret the cause of		how they are associated with	
sense organs;	major parts of the	different hormonal	Ocular reflex is lacrimal reflex.	transmission of a nerve impulse.	
elementary	brain and spinal cord	diseases	Watering of mouth by seeing		
structure and	and explain		delicious food.	Assess the two kinds of gated	
functions of	their functions;			membrane channels and how	
eye and ear.			Students can share experiences on	they are associated with ion	
	Learn and understand	To explore about	brain and spinal cord diseases that	movement through a cell	
	about different types	Reflex Action and Arc	they came across.	membrane.	
	of neuron, CNS and	and analyze			
	PNS; somatic and	critically its		Understand how an action	
	autonomic motor	involvement with day		potential is transmitted along a	
	neurons.	to day life.		nerve and why it spreads only in	
				one direction.	
	List the visual	Analyse and interpret		Conclude the importance of a	
	pathways of the eve	the cause of different		chemical transmission of the	
	and study the	hormonal diseases		nervous impulse across synapses	
	mechanism of Sensory			nervous impuise across synapses.	
	Reception and			Identify the chemical(s) and	
	Processing			describe the events associated	
	110000000000000000000000000000000000000			with transmission of a nerve	
	Describe the pathway			impulse across a neuromuscular	
	that leads to hearing.			iunction	
				Junetoni	
	Comprehend the role			Analysed the concept of reflex	
	of sensory receptors in			action, voluntary and involuntary	
	humans in converting			actions and could apply in real	
	different forms of			life situation	
	energy into nerve				
	impulses.				
	impuises.				

		-	
	Describe the structure		
	of a sensory neuron		
	and a motor neuron,		
	and outline their		
	functions in a reflex		
	arc.		
	Describe and explain		
	the transmission of an		
	action potential in a		
	myelinated neuron.		
	(The importance of		
	sodium and potassium		
	ions in the impulse		
	transmission should		
	be emphasised.)		
	Outline the roles of		
	synapses in the		
	nervous system in		
	determining the		
	direction of nerve		
	impulse transmission,		
	and in allowing the		
	interconnection of		
	nerve pathways		
	Sequence the order of		
	urinary structures that		
	reflect the pathway of		
	urine.		

Chemical Coordination and Integration Endocrine glands and hormones; human endocrine system - hypothalamus, pituitary,	State the chief symptom(s), cause(s) and treatment(s) for the following malfunctions: nephritis, kidney stones, & kidney failure. Infer the effect of hormones for the changes in human after puberty	Identify and describe the effects of the hormones that are released by the anterior		Analyse and interpret the role of different hormones and its secretion in the life span of the organism. Interpret and describe various plant movements with phytohormones. Locate various endocrine glands in the body like pituitary, thyroid, parathyroid, thymus, adrenals, pancreas and reproductive organs	
hormone action (elementary idea); role of hormones as messengers and regulators, hypo - and hyperactivity and related disorders; dwarfism, acromegaly, cretinism, goiter, exophthalmic goiter, diabetes,	plant hormones in regulating the process of phototropism, geotropism, hydrotropism, chemotropism etc. Illustrate examples from daily life to relate the effect of hormones on living system. Learn to imbibe positive qualities of others and ignore the	Understand how the regulation of GH, PRL, and MSH differs from that of TSH, ACTH, LH, and FSH. Describe and give an example of negative feedback inhibition in the endocrine system Analyse and interpret the role of different hormones and its secretion in the life	Case studies related to hormonal deficiency like thyroid, insulin	Understand the coordination in plants- Hormones and Movements.	

	Addison's	negative one	span of the organism.			
	disease.		T			
			Locate various			
			endocrine glands in the			
			body like pituitary,			
			thyroid, parathyroid,			
			thymus, adrenals,			
			pancreas and			
			reproductive organs in			
			humans and mention			
			their functions			
			relate the hormonal			
			imbalance with			
			hormone related			
			disorders in humans;			
			Understand the			
			coordination in plants-			
			Hormones and			
			Movements are involved			
			with the regulation of			
		~ 1 111	blood glucose.	—	<u> </u>	
Dec-20	Transport in	Students will -	To make them link the	To study Osmosis (endosmosis and	Students will-Understand how	UT-II
	Plants	Be familiar with	importance of uptake	exosmosis) using potato osmometer.	water and minerals move upward	(Dec 20 - 23)
		various terms of	and transport of	To study plasmolysis and de-	through the xylem and how water	
	Movement of	transportation in	Mineral nutrients to the	plasmolysis in cells	balance keeps plants upright.	
	water, gases	plants	leaf with the process of	To determine the imbibitions		
	and nutrients;	T 4 1 4 1 4 41	photosynthesis.	percentage in raisins	Will be able to comprehend the	
	cell to cell	Interrelate about the		Demonstration of path of ascent of	roles of plasmodesmata and	
	transport,	of water through	Evaluate now water and	sap.	aquaporins	
	Diffusion,	transpiration mult or	through the wylers and	To observe the rote of transmission in	Describe the relationship between	
	diffusior	transpiration pull or	how water kalar as	10 observe the rate of transpiration in	Describe the relationship between	
	antusion,	capillary action.	now water balance	upper and lower surface of leaves	osmosis, energy, and water	
	active	understand the	keeps plants upright.		potential and the various physical	
	transport;	understand the			forces that are involved in water	

plant-water	concept of	Learners can analysed	potential.
relations,	transpiration and	why some plants may	
Imbibition,	relate it with other	die when their roots are	Relate root pressure to guttation.
water poter	tial, physiological process	submerged, in water for	
osmosis,	like photosynthesis	longer time.	Explain the relationships among
plasmolysis			water potential, solute potential,
distance	linking the	Relate the concept of	and pressure potential.
transport	of importance of uptake	diffusion, osmosis and	
water	- and transport of	plasmolysis to day to	Explain the role of the
Absorption,	Mineral nutrients to	day life.	endodermis and the Casparian
apoplast,	the leaf with the		strip.
symplast,	process of		
transpiration	photosynthesis.		Can infer why root hairs are
pull,	root		usually turgid
pressure	and Understanding and		
guttation;	onderstanding and		Describe the factors that regulate
transpiration	transportation of food		the rate of transpiration. Include
opening	and through Phloem		the following factors in your
closing	of through Thoem		answer: epidermis, stomata, CO2,
stomata;	, Evaluating the role of		sun, K+, humidity, proton pumps,
Uptake	and the endodermis and		abscisic acid, water potential,
translocatio	^{1 OI} the Casparian strip in		light. What other factors are
mineral	maintaining turgidity		involved.
Transmont	of roots.		
I ransport	01		Explain why some plants may die
100d, phi	understanding how the		when their roots are submerged,
transport,	forces of adhesion and		that is, flooded, for long periods
Inassilow bymathasia	cohesion and the		of time. what adaptations allow
nypotnesis;	of process of		plants to live in fresh water? In
annusion	transpiration aid in the		sait water?
gases	transportation of water		Evaloin why able on transport is
	through the plant.		Explain why phoem transport is
			considered a didirectional
			process. what is phoeni loading?

					What transport process is	
					primarily responsible for	
					transport in the phloem?	
Jan-23	Mineral		Learners will be able to	To make a slide of bacterial root	Students will-	
	Nutrition	To explain and make	apply and	nodule and observe and draw the cell.		
	Essential	them understand about	explain the functions of		Judge the nutrients that are	
	minerals,	different Plant growth	minerals with	Demonstration of hydrophonics	essential for plant growth	
	macro- and	regulators and their	reference to the	growth system by providing nutrient		
	micronutrients	function	techniques of hydro	solution.	Understand the importance of	
	and their role;		and aeroponic		Hydroponics and nutrient	
	deficiency	To make them analyse	1 I	To collect different leaves from	solution	
	symptoms;	growth and	Analyse various	school garden/house garden/road side		
	mineral	development with	deficiency symptoms of	and relate the deficiency symptom if	Summerize the importance of soil	
	toxicity;	different growth	macro and micro	any by nutrient deficiency of	characters with respect to nutrient	
	elementary idea	regulators and its	nutrients	particular element.	availability	
	of hydroponics	importance in day to		L		
	as a method to	dav life.	Analyze the factors		Understand and discuss the	
	study		affecting plant growth		metabolic pathway for the	
	mineral	To make them	and importance of		catabolism	
	nutrition:	differentiate between	growth regulators:			
	nitrogen	Photoperiodism	6			
	metabolism.	Vernilisation	Categorise among			
	nitrogen cycle.		short-day plants, long-			
	biological		day plants and day-			
	nitrogen		neutral plants:			
	fixation					
			Devise various types of			
			movement in plants			
			related to various			
			abiotic factors			
Jan-	Cell		To emphasized on	To observe the different stages of	1. Learner learnt and understood	Assignment
Juii	Cell. Cell	To make them	development of skills	meiosis through permanent slides	about cell and structural	1.0018
	Theory.	comprehend and to	like observational and	To prepare the onion root tip slide	organization of cell.	

Overview of	connect with the	experimental and	and to observe different stages of	2. Skills like observational and	
cell,	earlier understanding s	inculcating values like	mitosis	experimental were developed in	
prokaryotic and	about the cell and its	division of labor and		the students and values like	
Eukaryotic cell	organelle	team work (as all the		division of labor and team work	
-	-	organelles divide the		(as all the organelles divide the	
	To make them	work among themselves		work among themselves),	
	understand about the), leadership(as nucleus		leadership (as nucleus work as	
	Cell theory and its	work as controlling		controlling unit), obedience (as	
	different Discoveries	unit), obedience (as all		all organelles obey the command	
	and inventions of Cell	organelles obey the		of controlling unit) were	
		command of controlling		inculcated among the students.	
	To make them	unit)		3. Students were able to	
	differentiate between			identified that cuts and wound	
	prokaryotic and	Students will be able to		heals due to the process of cell	
	eukaryotic; unicellular	identify that cuts and		division	
	and multicellular	wound heals due to the		4. They were sensitized that	
		process of cell division		genetic disorder cannot be cured.	
	To make the students			5. They were able to analyze that	
	able to understand	They will be sensitized		formation of one organelle lead	
	about totipotent cell	and will be able to		the formation of other organelle	
	and its various	apply their knowledge		which inculcated the value of	
	application in day to	that genetic disorder		coordination, obedience etc.	
	day life	cannot be cured.		6. Students ability were enhanced	
				to understand the mechanism of	
		They will be analyzing		different organelles with	
		that formation of one		reference to their importance in	
		organelle facilitates the		vital role of life	
		formation of other			
		organelle which will		7.Understand the basic concepts	
		inculcate the value of		of a cell and its role in	
		coordination.		development and formation of an	
				embryo.	
		They will interpret and			
		will be able to share		8.Explain what stem cells are and	
		their opinion on			

			evolution of self		their potential applications.	
			autonomous organelles			
			like- Mitochondria and		9.Describe the techniques	
			chloroplast		involved in creating, maintaining	
			-		and studying stem cells.	
			Discuss social and			
			ethical issues and		10.Discuss social and ethical	
			impact of stem cell		issues and impact of stem cell	
			technology.		technology.	
			Describe the		11.Describe the significance of	
			significance of stem		stem cell technology and	
			cell technology and		application in medicine and	
			application in medicine		public health.	
			and public health.			
Jan	Plant -	To make the student	Differentiate between	To observe phototrophism in plants.	Learn the elements present in	
	Growth and	understand about	growth and		biomolecules and the difference	
	Development	growth and	development and	To observe chemotrophism –growth	between monomers and	
	Seed	Development	explain growth curve;	of pollen tube in stigma	polymers.	
	germination;					
	phases of plant	To make them	Analyze the factors	To observe the effect of plant growth	Explain the role of water in	
	growth and	comprehend the above	affecting plant growth	regulators auxin* and gibberlin* in	synthesis and breakdown of	
	plant growth	concept and relate it	and importance of	plant growth.	polymers.	
	rate; conditions	with Differentiation,	growth regulators;			
	of growth;	Dedifferentiation and		Auxin- Surface sterilized seeds	List the four major complex	
	differentiation,	Re-differentiation	Differentiate among	allowed to germinate in moist filter	biomolecules found in living	
	dedifferentiatio		short-day plants, long-	paper. When roots of seedlings	cells, three of which are found on	
	n and	To explain and make	day plants and day-	become 1cm in length root length is	food labels and the basis for	
	redifferentiatio	them understand about	neutral plants;	measured. Half seedling are grown in	grouping of biomolecules into	
	n; sequence of	different Plant growth		test solution containing auxin and half	those four groups.	
	developmental	regulators and their	Identify the effects of	normally in moist soil. Length of the		
	processes in a	function	salt stress and water	root will be observed after 48 hrs.	For each group of biomolecules	
	plant cell;		stress on plants;		learn the name of its generic	
	growth	To make them analzse			monomer (simple unit) and	
	regulators -	growth and	Analyze various types		polymer (complex structure) and	

auxin,	development with	of movement like		their function.	
gibberellin,	different growth	geotropism,			
cytokinin,	regulators and its	phototropism, nastic		Identify their chemical elements	
ethylene, ABA;	importance in day to	and		of carbohydrate and the	
seed dormancy;	day life.	turgor movements		differentiate between simple	
vernalisation;				sugars and complex	
photoperiodism	To make them			carbohydrates.	
	differentiate between				
	Photoperiodism and			Proteins: Identify their chemical	
	vernalization			elements and functional groups.	
				Recognize the structure of an	
	Restate the conditions			amino acid and the peptide bond	
	necessary for seed			that connects di-, tri, and	
	germination			polypeptides.	
	Explain the mode of				
	phytohormones			Recognize the presence of 20	
				amino acids and that not all are	
	Explain various types			essential amino acids.	
	of tropic movement				
Cell Dvision	Students will be able	To emphasized on	Students observed various	I ist the four stages of interphase	Assignment
	to	development of skills	stages of cell division by	and describe the major events	rissignment
		like observational and	observing the slides of mitosis	that occur during each stage in	
	Explain the terms Cell	experimental and		preparation for cell division.	
	Cycle and Cell	inculcating values like			
	Division	division of labor and		Describe the difference between	
		team work (as all the		mitosis and cytokinesis.	
	Describe the various	organelles divide the			
	stages of Mitosis and	work among themselves		List the checkpoints that regulate	
	Meosis), leadership(as nucleus		the progression of cells through	
		work as controlling		the cell cycle.	
	List the significance	unit), obedience (as all			
	of Mitosis and Meosis	organelles obey the		Explain the mechanisms within	

rr		1	
	command of controlling	the G1 cell cycle checkpoint that	
	unit)	evaluate growth signals.	
		determine nutrient availability.	
	Students will be able to	and assess DNA integrity	
	identify that cuts and	and assess DIVIT integray.	
	wound heals due to the	Mitagia and Cretalrinogia	
	would hears due to the	Wittosis and Cytokinesis	
	process of cell division		
		Describe the structure of a	
	They will be sensitized	eukaryotic chromosome.	
	and will be able to		
	apply their knowledge	Define chromosome and	
	that genetic disorder	chromatid.	
	cannot be cured.		
		Explain how a chromosome is	
	They will be analyzing	duplicated	
	that formation of one	dupicated.	
	organalla facilitatas the	List the phases of mitasis in a	
	organene facilitates the	List the phases of mitosis in a	
	formation of other	eukaryotic cell, and discuss the	
	organelle which will	major events that happen during	
	inculcate the value of	each phase.	
	coordination.		
		Compare and contrast cytokinesis	5
	They will interpret and	in animal and plant cells.	
	will be able to share		
	their opinion on	Explain the difference between	
	evolution of self	therapeutic and reproductive	
	autonomous organelles	aloning of animals	
	like Mitechondria and	cioning of animals.	
	plasmid		
		The Cell Cycle and Cancer	
		List the characteristics of cancer	
		cells.	
		Describe how mutations in	
		Describe now indiations in	

				oncogenes and tumor suppressor genes contribute to cancer. Prokaryotic Cell Division Describe the process of binary fission. Contrast the roles of cell division in unicellular versus multicellular organisms.	
Biomolecules	Students will be able to- Understand about the Primary and Secondary metabolites Understand about the structure and function of different Bio macromolecules and enzymes Relate the function of biomolecules and enzymes in day to day life List some inorganic	The students will be able to The students will be able to understand the structure of carbohydrate protein and fat Analyse on the food labels, what do sugar or sugar alcohol, and fiber refer to? Compare the structure and function of the following carbohydrates and where they are found:	Test the presence of protein fat and carbohydrate in food samples To prove heat destroys the activity of enzymes and not the catalyst. 2. to prove that change of pH inhibits the enzyme activity.	Summarize the function of proteins and recognize the importance of the three dimensional shape of a protein on its function and the role of non- covalent bonds in maintaining the shape of a protein.	Assignments
	substances and mineral elements in cell Compare primary secondary and tertiary	glucose, glycogen, starch, cellulose, chitin. Explain protein denaturation and the effect of heat on protein		Evaluate differentiation, defifferentiation and redifferentiation by observing the different plant tissue and organs. Analyse the effect of different	

		structure of proteins	structure and function.	growth regulators in the life cycle	
		Discuss the structure and function of DNA	chemical elements and learn their property of	Understand about photoperiodism and vernilisation	
		and RNA	insolubility in water.	Analyse the different tropic movements in plants in day to	
Feburary-05	Revision				

Term-II

Month &	Theme/ Sub-	Learning	Objectives	Activities & Resources	Expected Learning Outcomes	Assessment
Working Days	theme	Subject Specific	Behavioural			
		(Content Based)	(Application based)			
October-22	Locomotion	Students will be able	To apply the learning to		Students-	Half yearly
	and	to-	determine the effect of	Activity-	Identify all the bones of the	(10 Oct – 21 Oct
	Movement	Classify the	contractile proteins and	1.Explore the bones, muscles and	appendicular and axial skeleton	2019).
	Types of	skeleton system into	Ca ⁺² in muscle	joints in human skeletal system.	on a human skeleton model.	Study of different
	movement -	Axial and	contraction.	2. Puzzle -		types of bones and
	ciliary,	Appendicular system		Assemble bones of human skeleton-	Will Compare between male and	cartilage of human
	flagellar,		Able to differentiate	3.Identifying different activities by	female skeletons, and	body by models
	muscular;	Categorize different	between male and	using different muscles striated, non	differentiate between the bones	
	skeletal	types of muscles.	female skeletal system.	striated and smooth muscles	of individuals at different ages	
	muscle-					
	contractile	Analyze anatomical	Able to justify muscular	4. Role play of synovial joints with	Discussed bones are hard but still	
	proteins and	structures of skeleton	disorder due to	various day to day life activities.	needs to be protected. So we	
	muscle	in relationship to their	chromosomal		should wear helmets when we	
	contraction;	physiological	abbrebiations -		ride two wheelers	
	skeletal system	functions.	myasthenia gravis			
	and its		(break down in		Prescribed one should visit a	

			· · ·			
	functions; joints; disorders of muscular and	Summerise the mechanism of muscle contraction	communication between nerves and muscles), tetany(defect in chromosome 22),		orthopedic doctor if one has broken any bone, cartilage , ligament.	
	skeletal system	Judge the cause of different Muscular Disorders -	muscular dystrophy(gene that make protein is defective) and auto immune disorder (arthritis, osteoporosis, gout)		Concluded Food with calcium are (fish, cheese, yogurt, milk, cheese, spinach and yogurt)and vitamin D (fish, cheese, eggs, yolk) Appraised muscles need exercise to stay healthy and grow strong.	
			Students will integrate the ability to advocatefor personal, family and community health. Propose aging related changes in the muscular system		Pointed out the roles of calcium (Ca ²⁺) and ATP in muscle contraction Manipulated the major risk factors for different muscular disorders (osteoporosis, arthiritis etc) and its prevention.	
			Prescribe how exercise can help to maintain a healthy muscular system of the body			
November-20	Neural control and Coordination	Students – Will study several major organs that function as a part of	Able to evaluate how information passes from one neuron to another.	Activity -1. Sketch various parts of brain assess various function of it. Activities -2 –Distinguish between	Student- Will be able to describe function of brain, spinal cord, and nerves	Spotting Unit Test Assignment
	Neuron and nerves; Nervous system in	nervous system. Outline the need of communication	Analyze how an action potential is generated and propagated	classical (pavlovian) conditioning and instrumental (operant) conditioning and understand how they work separately and together to influence	after modelling each part's job in the nervous system. Will demonstrate that the nervous	To draw T.S. of Cochlea and Eye

humans -	systems within the	Summarize how	human behavior in the world outside	system is responsible for	
central nervou	humans to respond the	alcohol, nicotine, drugs,	the laboratory	communication between different	
system;	changes in the internal	cocaine, heroin, and		parts of the body, detecting	
peripheral	and external	marijuana affect the	Different activities to observe the	stimuli in the body and directing	
nervous system	n environment.	nervous system.	reflex action in day to day life eg; by	body's responses.	
and visceral		-	observing sudden with drawl of finger		
nervous	Discuss the role of		or hand with hot, cold water or	Describe the structure of a typical	
system;	different sensory	Infer how rods and	pointed objects, jerking of knee when	neuron and indicate the	
generation and	receptors in humans in	cones in eye helps in	hit below knee cap.	function(s) of each of its parts.	
conduction of	converting different	identifying different	-		
nerve impulse:	forms of energy into	colours.	Pupilary light reflex. Closing of eye	Explain what is meant by resting	
reflex action;	nerve impulse		when strong light is suddenly focused	membrane potential and	
sensory	-	Categorize and	on it.	depolarization and understand	
perception;	Draw and label the	interpret the cause of		how they are associated with	
sense organs;	major parts of the	different hormonal	Ocular reflex is lacrimal reflex.	transmission of a nerve impulse.	
elementary	brain and spinal cord	diseases	Watering of mouth by seeing	-	
structure and	and explain		delicious food.	Assess the two kinds of gated	
functions of	their functions;			membrane channels and how	
eye and ear.			Students can share experiences on	they are associated with ion	
	Learn and understand	To explore about	brain and spinal cord diseases that	movement through a cell	
	about different types	Reflex Action and Arc	they came across.	membrane.	
	of neuron, CNS and	and analyze			
	PNS; somatic and	critically its		Understand how an action	
	autonomic motor	involvement with day		potential is transmitted along a	
	neurons.	to day life.		nerve and why it spreads only in	
				one direction.	
	List the visual	Analyse and interpret		Conclude the importance of a	
	pathways of the eye	the cause of different		chemical transmission of the	
	and study the	hormonal diseases		nervous impulse across synapses.	
	mechanism of Sensory				
	Reception and			Identify the chemical(s) and	
	Processing.			describe the events associated	
				with transmission of a nerve	
	Describe the pathway			impulse across a neuromuscular	

that lea	ads to hearing.	junction.
Compr of sens human differen energy impuls	ehend the role ory receptors in s in converting nt forms of into nerve es.	Analysed the concept of reflex action, voluntary and involuntary actions and could apply in real life situation
Descrit of a set and a r and ou functio arc.	be the structure nsory neuron notor neuron, tline their ons in a reflex	
Descrit the tran action myelin (The ir sodium ions in transm be emp	be and explain nsmission of an potential in a ated neuron. nportance of n and potassium the impulse ission should bhasised.)	
Outline synaps nervou determ directio impuls and in interco nerve	e the roles of es in the s system in ining the on of nerve e transmission, allowing the nnection of pathways	

Chemical Coordination and Integration Endocrine glands and hormones; human endocrine system - hypothalamus, pituitary, pineal, thyroid, parathyroid, adrenal, pancreas, gonads; mechanism of hormone action (elementary idea); role of hormones as messengers and regulators,	Sequence the order of urinary structures that reflect the pathway of urine. State the chief symptom(s), cause(s) and treatment(s) for the following malfunctions: nephritis, kidney stones, & kidney failure. Infer the effect of hormones for the changes in human after puberty Appreciate the role of hormone to cope stress. Realize the role of plant hormones in regulating the process of phototropism, geotropism, hydrotropism, etc.	Identify and describe the effects of the hormones that are released by the anterior pituitary gland. Know what stimulates their production and where they are produced. Understand how the regulation of GH, PRL, and MSH differs from that of TSH, ACTH, LH, and FSH.	Brain Storming Activity –Name the hormone	Analyse and interpret the role of different hormones and its secretion in the life span of the organism. Interpret and describe various plant movements with phytohormones. Locate various endocrine glands in the body like pituitary, thyroid, parathyroid, thymus, adrenals, pancreas and reproductive organs in humans and mention their functions Relate the hormonal imbalance with hormone related disorders in humans; Understand the coordination in plants- Hormones and Movements.	Assignment
messengers and regulators, hypo - and hyperactivity	hydrotropism, chemotropism etc. Illustrate examples	that of TSH, ACTH, LH, and FSH. Describe and give an	Case studies related to hormonal deficiency like thyroid, insulin	nio volitolito.	

	and related	from daily life to	example of negative			
	disorders;	relate the effect of	feedback inhibition in			
	dwarfism,	hormones on living	the endocrine system			
	acromegaly,	system.				
	cretinism,		Analyse and interpret			
	goiter,	Learn to imbibe	the role of different			
	exophthalmic	positive qualities of	hormones and its			
	goiter, diabetes.	others and ignore the	secretion in the life			
	Addison's	negative one	span of the organism.			
	disease.	8				
			Locate various			
			endocrine glands in the			
			body like pituitary.			
			thyroid parathyroid			
			thymus, adrenals			
			pancreas and			
			reproductive organs in			
			humans and mention			
			their functions			
			relate the hormonal			
			imbalance with			
			hormone related			
			disorders in humans:			
			Understand the			
			coordination in plants-			
			Hormones and			
			Movements are involved			
			with the regulation of			
			blood glucose.			
Dec-2	0 Transport in	Students will -	To make them link the	To study Osmosis (endosmosis and	Students will-Understand how	UT-II
	Plants	Be familiar with	importance of uptake	exosmosis) using potato osmometer.	water and minerals move upward	(Dec 20 - 23)
		various terms of	and transport of	To study plasmolysis and de-	through the xylem and how water	
	Movement of	transportation in	Mineral nutrients to the	plasmolysis in cells	balance keeps plants upright.	
	water, gases	plants	leaf with the process of	To determine the imbibitions		

and nutrients;		photosynthesis.	percentage in raisins	Will be able to comprehend the
cell to cell	Interrelate about the		Demonstration of path of ascent of	roles of plasmodesmata and
transport,	long distance transport	Evaluate how water and	sap.	aquaporins
Diffusion,	of water through	minerals move upward	Demonstration of root pressure.	
facilitated	transpiration pull or	through the xylem and	To observe the rate of transpiration in	Describe the relationship between
diffusion,	capillary action.	how water balance	upper and lower surface of leaves	osmosis, energy, and water
active		keeps plants upright.		potential and the various physical
transport;	understand the			forces that are involved in water
plant-water	concept of	Learners can analysed		potential.
relations,	transpiration and	why some plants may		
Imbibition,	relate it with other	die when their roots are		Relate root pressure to guttation.
water potential,	physiological process	submerged, in water for		
osmosis,	like photosynthesis	longer time.		Explain the relationships among
plasmolysis;				water potential, solute potential,
distance	linking the	Relate the concept of		and pressure potential.
transport of	importance of uptake	diffusion, osmosis and		
water -	and transport of	plasmolysis to day to		Explain the role of the
Absorption,	Mineral nutrients to	day life.		endodermis and the Casparian
apoplast,	the leaf with the			strip.
symplast,	process of			
transpiration	photosynthesis.			Can infer why root hairs are
pull, root				usually turgid
pressure and	TT 1 / 1° 1			
guttation;	Understanding and			Describe the factors that regulate
transpiration,	analyzing the mode of			the rate of transpiration. Include
opening and	transportation of food			the following factors in your
closing of	through Philoem			answer: epidermis, stomata, CO2,
stomata;	Evaluating the role of			sun, K+, humidity, proton pumps,
Uptake and	the endodermis and			abscisic acid, water potential,
translocation of	the Casparian strip in			light. What other factors are
mineral	maintaining turoidity			involved.
nutrients -	of roots.			
Transport of				Explain why some plants may die
food, phloem	understanding how the			when their roots are submerged,
transport,	forces of adhesion and			that is, flooded, for long periods

massflow hypothesis; diffusion of gases	cohesion and the process of transpiration aid in the transportation of water through the plant.			of time. What adaptations allow plants to live in fresh water? In salt water? Explain why phloem transport is considered a bidirectional process. What is phloem loading? What transport process is primarily responsible for transport in the phloem?
Jan-23 Mineral Nutrition Essential minerals, macro- and micronutrients and their role; deficiency symptoms; mineral toxicity; elementary idea of hydroponics as a method to study mineral nutrition; nitrogen metabolism, nitrogen cycle, biological nitrogen	To explain and make them understand about different Plant growth regulators and their function To make them analyse growth and development with different growth regulators and its importance in day to day life. To make them differentiate between Photoperiodism Vernilisation	Learners will be able to apply and explain the functions of minerals with reference to the techniques of hydro and aeroponic Analyse various deficiency symptoms of macro and micro nutrients Analyze the factors affecting plant growth and importance of growth regulators; Categorise among short-day plants, long- day plants and day- neutral plants;	To make a slide of bacterial root nodule and observe and draw the cell. Demonstration of hydrophonics growth system by providing nutrient solution. To collect different leaves from school garden/house garden/road side and relate the deficiency symptom if any by nutrient deficiency of particular element.	Students will- Judge the nutrients that are essential for plant growth Understand the importance of Hydroponics and nutrient solution Summerize the importance of soil characters with respect to nutrient availability Understand and discuss the metabolic pathway for the catabolism

	fixation					
			Devise various types of			
			movement in plants			
			related to various			
			abiotic factors			
Jan-	Cell		To emphasized on	To observe the different stages of	1. Learner learnt and understood	Assignment
	Cell, Cell	To make them	development of skills	meiosis through permanent slides	about cell and structural	
	Theory,	comprehend and to	like observational and	To prepare the onion root tip slide	organization of cell.	
	Overview of	connect with the	experimental and	and to observe different stages of	2. Skills like observational and	
	cell,	earlier understanding s	inculcating values like	mitosis	experimental were developed in	
	prokaryotic and	about the cell and its	division of labor and		the students and values like	
	Eukaryotic cell	organelle	team work (as all the		division of labor and team work	
			organelles divide the		(as all the organelles divide the	
		To make them	work among themselves		work among themselves),	
		understand about the), leadership(as nucleus		leadership (as nucleus work as	
		Cell theory and its	work as controlling		controlling unit), obedience (as	
		different Discoveries	unit), obedience (as all		all organelles obey the command	
		and inventions of Cell	organelles obey the		of controlling unit) were	
			command of controlling		inculcated among the students.	
		To make them	unit)		3. Students were able to	
		differentiate between			identified that cuts and wound	
		prokaryotic and	Students will be able to		heals due to the process of cell	
		eukaryotic; unicellular	identify that cuts and		division	
		and multicellular	wound heals due to the		4. They were sensitized that	
			process of cell division		genetic disorder cannot be cured.	
		To make the students	-		5. They were able to analyze that	
		able to understand	They will be sensitized		formation of one organelle lead	
		about totipotent cell	and will be able to		the formation of other organelle	
		and its various	apply their knowledge		which inculcated the value of	
		application in day to	that genetic disorder		coordination, obedience etc.	
		day life	cannot be cured.		6. Students ability were enhanced	
					to understand the mechanism of	
			They will be analyzing		different organelles with	
			that formation of one		reference to their importance in	
			organelle facilitates the		vital role of life	

			C			
			formation of other			
			organelle which will		7. Understand the basic concepts	
			inculcate the value of		of a cell and its role in	
			coordination.		development and formation of an	
					embryo.	
			They will interpret and			
			will be able to share		8.Explain what stem cells are and	
			their opinion on		their potential applications.	
			evolution of self			
			autonomous organelles		9.Describe the techniques	
			like- Mitochondria and		involved in creating, maintaining	
			chloroplast		and studying stem cells.	
			Discuss social and		10.Discuss social and ethical	
			ethical issues and		issues and impact of stem cell	
			impact of stem cell		technology.	
			technology.			
					11.Describe the significance of	
			Describe the		stem cell technology and	
			significance of stem		application in medicine and	
			cell technology and		public health.	
			application in medicine		I the second sec	
			and public health.			
Jan	Plant -	To make the student	Differentiate between	To observe phototrophism in plants.	Learn the elements present in	
	Growth and	understand about	growth and		biomolecules and the difference	
	Development	growth and	development and	To observe chemotrophism –growth	between monomers and	
	Seed	Development	explain growth curve;	of pollen tube in stigma	polymers.	
	germination;	-				
	phases of plant	To make them	Analyze the factors	To observe the effect of plant growth	Explain the role of water in	
	growth and	comprehend the above	affecting plant growth	regulators auxin* and gibberlin* in	synthesis and breakdown of	
	plant growth	concept and relate it	and importance of	plant growth.	polymers.	
	rate; conditions	with Differentiation,	growth regulators;			
	of growth;	Dedifferentiation and		Auxin- Surface sterilized seeds	List the four major complex	
	differentiation,	Re-differentiation	Differentiate among	allowed to germinate in moist filter	biomolecules found in living	
	dedifferentiatio		short-day plants, long-	paper. When roots of seedlings	cells, three of which are found on	

n and	To explain and make	day plants and day-	become 1cm in length root length is	food labels and the basis for	
redifferentiati	them understand about	neutral plants.	measured Half seedling are grown in	grouping of high elecules into	
n: sequence of	different Plant growth	neutrai plants,	test solution containing auxin and half	those four groups	
developmenta	regulators and their	Identify the affects of	normally in moist soil. I ength of the	those four groups.	
processes in a	function	solt stross and water	root will be observed after 48 brs	For each group of biomologulos	
plotesses in a	Tunction	salt stress and water	1001 will be observed after 48 fils.	For each group of biomolecules	
plant cent,	To make them analyse	stress on plants;		rearring the name of its generic	
growth	To make them analyse			monomer (simple unit) and	
regulators -	growth and	Analyze various types		polymer (complex structure) and	
auxin,	development with	of movement like		their function.	
gibberellin,	different growth	geotropism,			
cytokinin,	regulators and its	phototropism, nastic		Identify their chemical elements	
ethylene, ABA	A; importance in day to	and		of carbohydrate and the	
seed dormanc	y; day life.	turgor movements		differentiate between simple	
vernalisation;				sugars and complex	
photoperiodis	m To make them			carbohydrates.	
	differentiate between				
	Photoperiodism and			Proteins: Identify their chemical	
	vernalization			elements and functional groups .	
				Recognize the structure of an	
	Restate the conditions			amino acid and the peptide bond	
	necessary for seed			that connects di-, tri, and	
	germination			polypeptides	
				polypopulaes.	
	Explain the mode of			Recognize the presence of 20	
	phytohormones			amino acids and that not all are	
				assential amino acids	
	Explain various types			essential annuo acids.	
	of tropic movement				
Cell Dvision	Students will be able	To emphasized on	Students observed various	List the four stages of interphase	Assignment
	to	development of skills	stages of cell division by	and describe the major events	1 100161111011
		like observational and	observing the slides of mitosis	that occur during each stage in	
	Explain the terms Call	experimental and	observing the sides of initosis	preparation for cell division	
	Cycle and Call	inquianting values lite			
	Cycle and Cell	incurcating values like			

Division	division of labor and	Describe the difference between
	team work (as all the	mitosis and cytokinesis.
Describe the Descr	he various organelles divide the	
stages of N	Aitosis and work among themselves	List the checkpoints that regulate
Meosis), leadership(as nucleus	the progression of cells through
	work as controlling	the cell cycle.
List the sig	gnificance unit), obedience (as all	
of Mitosis	and Meosis organelles obey the	Explain the mechanisms within
	command of controlling	the G1 cell cycle checkpoint that
	unit)	evaluate growth signals,
		determine nutrient availability,
	Students will be able to	and assess DNA integrity.
	identify that cuts and	
	wound heals due to the	Mitosis and Cytokinesis
	process of cell division	
		Describe the structure of a
	They will be sensitized	eukaryotic chromosome.
	and will be able to	
	apply their knowledge	Define chromosome and
	that genetic disorder	chromatid.
	cannot be cured.	
		Explain how a chromosome is
	They will be analyzing	duplicated.
	that formation of one	
	organelle facilitates the	List the phases of mitosis in a
	formation of other	eukaryotic cell, and discuss the
	organelle which will	major events that happen during
	inculcate the value of	each phase.
	coordination.	
		Compare and contrast cytokinesis
	They will interpret and	in animal and plant cells.
	will be able to share	
	their opinion on	Explain the difference between
	evolution of self	therapeutic and reproductive
	autonomous organelles	

			like- Mitochondria and		cloning of animals.	
			plasmid		ç	
					The Cell Cycle and Cancer	
					List the characteristics of cancer	
					cells.	
					Describe how mutations in	
					oncogenes and tumor suppressor	
					genes contribute to cancer.	
					Prokaryotic Cell Division	
					Describe the grades of higher	
					fission	
					11551011.	
					Contrast the roles of cell division	
					in unicellular versus multicellular	
					organisms.	
Biomole	lecules Stud	idents will be able				Assignments
	to-		The students will be	Test the presence of protein fat and		
	Und	derstand about the	able to The students	carbohydrate in food samples		
	Prin	mary and	will be able to	To prove heat destroys the activity of		
	Sec	condary metabolites	understand the structure	enzymes and not the catalyst.	Summarize the function of	
		1 4 1 1 4 4	ot carbohydrate protein	2. to prove that change of pH inhibits	proteins and recognize the	
	Und	derstand about the	and fat	the enzyme activity.	importance of the three	
	stru	different Die	Analyses on the feed		dimensional snape of a protein on	
	01 0	amerenii Dio	labels, what do sugar or		its function and the role of non-	
	inac	vmes	sugar alcohol and fiber		shape of a protein	
		Jymes	refer to?			
	Rel	late the function of				
	bior	molecules and	Compare the structure			
	enzy	zymes in day to day	and function of the			

		life List some inorganic substances and mineral elements in cell Compare primary secondary and tertiary structure of proteins Discuss the structure and function of DNA and RNA	following carbohydrates and where they are found: glucose, glycogen, starch, cellulose, chitin. Explain protein denaturation and the effect of heat on protein structure and function. Lipids: Identify their chemical elements and learn their property of insolubility in water.	Evaluate differentiation, defifferentiation and redifferentiation by observing the different plant tissue and organs. Analyse the effect of different growth regulators in the life cycle Understand about photoperiodism and vernilisation Analyse the different tropic movements in plants in day to day life	
Feburary-05	Revision				