

Choithram School

Manik Bagh

Session 2017-2018

TERM-II

Insight Into The  
Culture Of Jammu  
And Kashmir

Submitted  
By 6-

FAMILY

&

RELATION

SHIP

OF

J&K

# Culture 000

The culture of Kashmir refers to the culture and traditions of Kashmir, a region in northern India (consisting of Jammu and Kashmir), northern Pakistan (consisting of Azad Kashmir and Gilgit-Balistan) and the Chinese occupied territory of Aksai Chin.

The culture of Kashmir is a diverse blend and highly influenced by northern South Asia as well as Central Asian culture. Along with its scenic beauty, Kashmir is famous for its cultural heritage; it amalgamates Muslim, Hindu, Sikh and Buddhist philosophies and has involved composite culture based on the values of

## Rituals of Jammu & Kashmir →

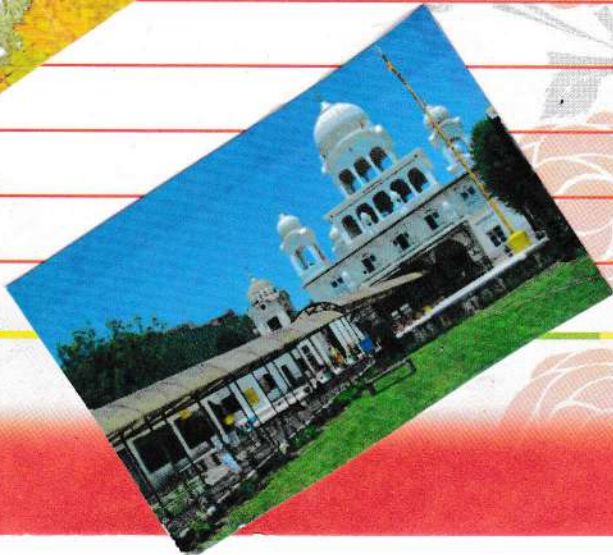
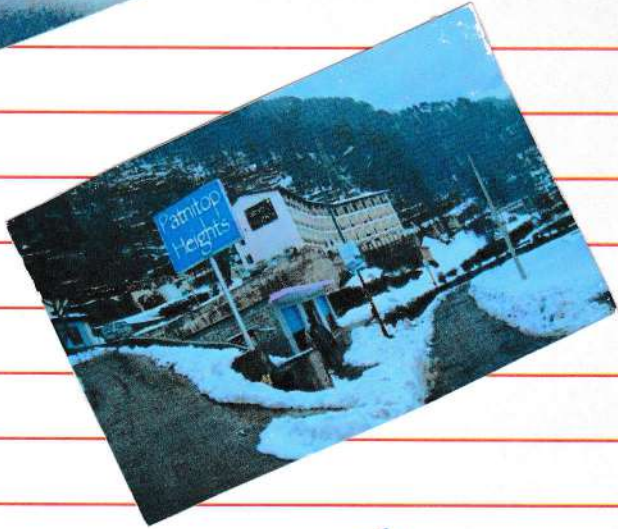
Like other states in India, Jammu and Kashmir has their unique social traditions, rituals and culture, that is widely being celebrated in immense zeal and fervor. Above all, Kashmiri wedding occasions are most charming and distinctive, with splendid rituals and traditions that set the community ahead in uniqueness and zeal. Certain Fantastic traditions and implausible fervor and exuberance are the key highlights of Kashmiri wedding occasions and are quite distinctive from other communities.

# Tradition of Jammu & Kashmir

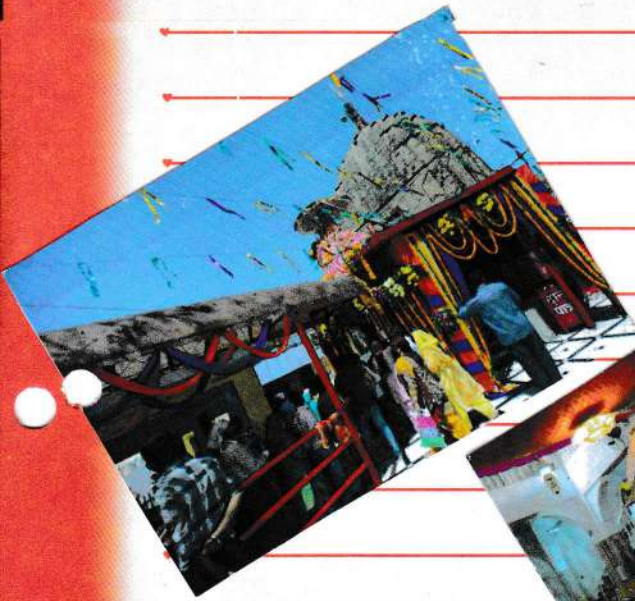
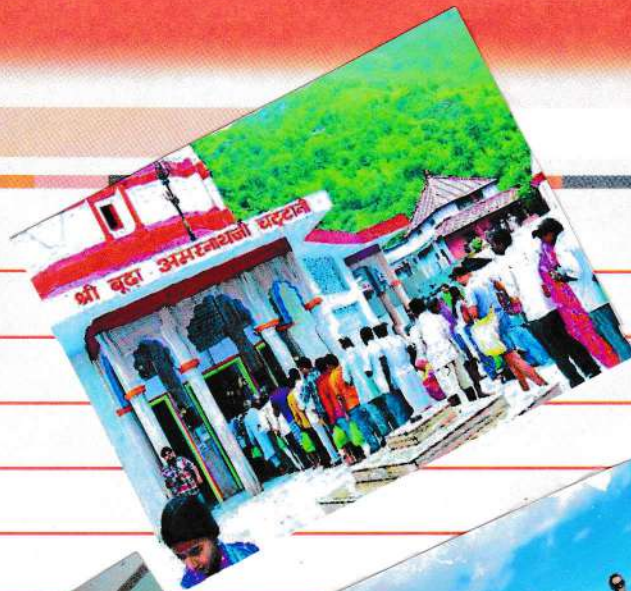
The culture of Jammu and Kashmir is a comprehensive mingling of customs and practices of its three different regions, Kashmir, Jammu and Ladakh. Apart from its demographical variations, specific cultural diversions of its elements are what they make the culture of Jammu and Kashmir remarkable. Music, dance, cuisine, lifestyle, festivals all these only highlight the diversities prevalent in these provinces. Unity is restored when a common thread of cultural tradition binds them together thus making it apart of Jammu and Kashmir as a whole. Culture of Jammu and Kashmir is therefore an interesting reflection of colour, zest, harmony, and concord which makes Jammu and Kashmir to stand apart with its distinct features of age old tradition and deep ethnicity.

Topic :

Date :



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# Group Members . . . .

1) Mihir AHUJA (Leader)

2)

2) Animesh JAIN

3) Harman SINGH

4) Mayank RATHOD

5) Shorya SINGH



Topic :

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# JAMMU AND

# KASHMIR

## PLACES FOR TOURISTS



# I.C.L



Group Members -

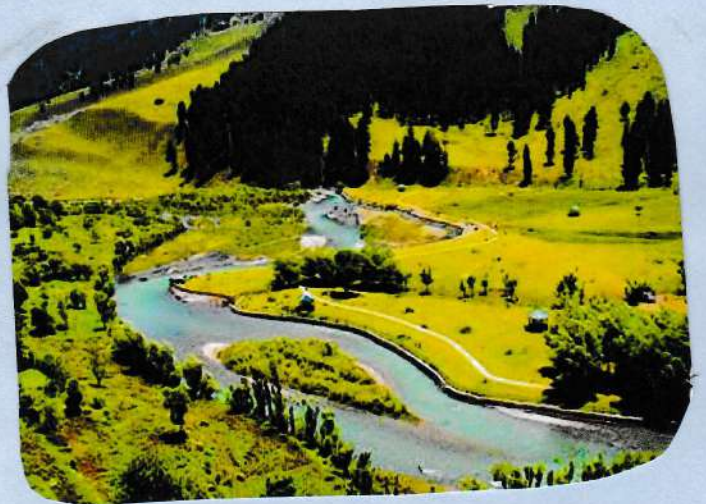
- PARTH KALE
- DAKSH MEHTA
- LAGNESH SHARMA
- NIPUN BARGAL
- DHRUV WADHWANI

I.C.L.

## Jammu And Kashmir

❖ Jammu & Kashmir is the northernmost state of India. Jammu & Kashmir is home to several valleys such as the Kashmir valley, Jawi valleys, Puncb valley, Sindhu valley and Siddar valley. Some major tourist attractions in Jammu & Kashmir are Srinagar, the mughal gardens, Gulmarg, Pahalgam, Patnitop and Ladhak.







Some tourist places of Kashmir are:-

- 1) Nishat Bagh - Nishat Bagh true to its name is the gayest of all Mughal Garden.
- 2) Shankraushaya - The temple boasts of breath taking views of the valley.
- 3) Indira Gandhi garden - The garden is one of the most famous garden of jammu and Kashmir.

## Art and Craft of Jammu and Kashmir

→ The state of Jammu and Kashmir is famous for the work over its unique and splendid work ~~for~~ of artifacts. The famous Baschil Qalam paintings which are kept only in famous museums across the world are found in Jammu and Kashmir. The vibrant colours showing its culture is also reflected in the paintings, costumes and ornaments which are truly world class. One can easily spot the sculpters and carvings of gods and goddesses on the pillars or several constructions especially temples which are common characteristic of folk art and is equally credible.

Kashmir is equally renowned for the vast variety of handicrafts that is produced here. Kashmir has always been a land of great poets and philosophers but one cannot restrict Kashmir to them as it also houses some of the great artisans and artists who produce exquisite carpet, gold, metal embroidered artifacts, shawls etc.

Crafts of  
**Jammu, Kashmir**



*Woodcarving of Kashmir*







## Cuisine and Occupation - 7 of Kashmir

The Kashmir valley is known for its sericulture & cold-water fisheries. Wood from Kashmir is used to make high-quality cricket bats, popular known as Kashmir Willow. Kashmir saffron is very famous & brings the state a handsome amount of foreign exchange. Agricultural exports from Jammu & Kashmir include apples, barley, cherries, corn, millet, oranges, rice, peaches, pears, saffron, sorghum, vegetables, & wheat, while manufactured exports include handicrafts, rugs, & shawls.

The region offers a wide array of food items, *zeka-e-Kashmir*, particularly authentic non-veg cuisines made of chicken, mutton & fish, some of which has become hugely popular across the nation. The Kashmiri cuisines primarily non-vegetarian with of course some exquisite vegetarian dishes on offer are mostly influenced by the traditional cuisines of the Kashmiri pundits & the Mughlai cuisines. Of late aspects of culinary styles of religions like Afghanistan, Persia & Central Asia are also noticeable in Kashmiri food. Generally Kashmiri cuisines, most of which are marked with ample use of turmeric & yoghurt are quite rich in flavour & mild in taste. Spices like cloves, cinnamon, cardamom, ginger & fennel which are generally considered hot are used widely in different Kashmiri cuisines, while garlic & onion are not used much. The region that boasts of being the leading producer as well as exporter of saffron.



CHOITHRAM SCHOOL



FESTIVALS

OF

JAMMU

AND

KASHMIR.....



Sindhu  
Darshan  
Festival



Urs  
Festival



Hemis  
Festival

# FESTIVALS

- 1) The Hemis festival - The cultural attraction of hemis festival in Leh where monastery lamas perform in richly adorned masks to a cacophony of drums, symbols and long horns as the birthday celebrations of Guru Padmasambhava. We cross high mountains passes with stupendous visitors and travel to remote villages close to the border with Pakistan.
- 2) The Sindhu Darshan Festival - This is a festival of India held every year on full moon day (On Guru Purnima) in month of June. It is held at Leh, in Ladakh district of Jammu & Kashmir. It stretches for 15 days. It was 1<sup>st</sup> started in the October, 1997 and continues to be held every year since then, attracting large no. of foreign as well domestic tourists. This festival as the name suggests, is a celebration of River Sindhu, also known as the Indus.

# Kashmiri Pandit Festivals

The religious festivals of the Brahmins of Kashmir have Rigvedic and Proto-Indo-Iranian roots. The Kashmiri Pandits share most of their festivals with other Hindu communities and some other people whose cultures are derived from the Proto-Indo-Iranian religion.

Some Kashmiri Pandit festivals are Herath (Shivratni), Navreh, Zyeth-Atham (Jyeshtha Ashtami), Huri-Atham (Hari Ashtami), Zarmae-satan (Jannashtami), Dussehra, Diwali, Pan (Roh Puja / Vinayaka Tseram / Ganesh Chaturthi), Yaad Batt, Khetsimareas (Yakshamareasya), Kava Punim, Mitra Punim, Tiky Tseram, Yengah Atham, Tila Atham, Vyetha Truwah and Anta Tserah.



Tulip Festival



Saffron Festival







Dance



&  
Music

of

Jammu

Kashmir



## Dance & Music of Jammu & Kashmir

### Dance

The rich heritage of Kashmir includes famous dances that are presented on all the major functions like birthdays, crop harvesting etc. Jammu & Kashmir dance forms are not only limited to the state but they attract the eye of all the people from all over the country. These traditional dances form an integral part of the rich cultures of the state. OF all the dance forms, the most famous Dance forms practised in Kashmir is 'Dumbhal'. Dancers performing this dance are dressed up wearing vibrant colored robes and conical caps which are generally studded with beads and look really beautiful. Not every man can perform this dance but only males of Watal can perform this dance and that too during special occasion. This dance is very different from all the dances performed which is performed on set location and the set occasions. There is a special ritual manner in which dancers have to

# Images of Dance & Music



Topic :

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dance and a banner is dug into the ground and dance generally takes off with groups of men dancing around this banner. Pancers sings in a melodious voice in chorus they are joined by drum beats in between.

## Music

Kashmiri music reflects the rich musical heritage and cultural legacy of Kashmir. Traditionally the music composed by ethnic Kashmiris has a wide range of musical influences in composition. Due to Kashmir's close proximity to Central Asia, Eastern Asia and Southern Asia, a unique blend of music has evolved encompassing the music of the three regions. But, overall, Kashmir valley music is closer to Central Asian music, using traditional Central Asian instruments and musical scales, while music from Jammu is similar to that of

N

# ★ Location ★



## ★ Jammu and Kashmir ★

### Location

The south of Kashmir is bordered by Punjab while on SW is Himachal Pradesh. Jammu and Kashmir location is between  $32.17^{\circ}$  and  $36.58^{\circ}$  North altitude and east and west, the state lies between  $73.26^{\circ}$  and  $80.30^{\circ}$  longitude.

### Capital

The capital of Jammu & Kashmir is Srinagar.

### Area Rank

The area rank of Jammu & Kashmir is 5<sup>th</sup>.

### Official Language

The official language of Jammu & Kashmir is Urdu.

## Demography

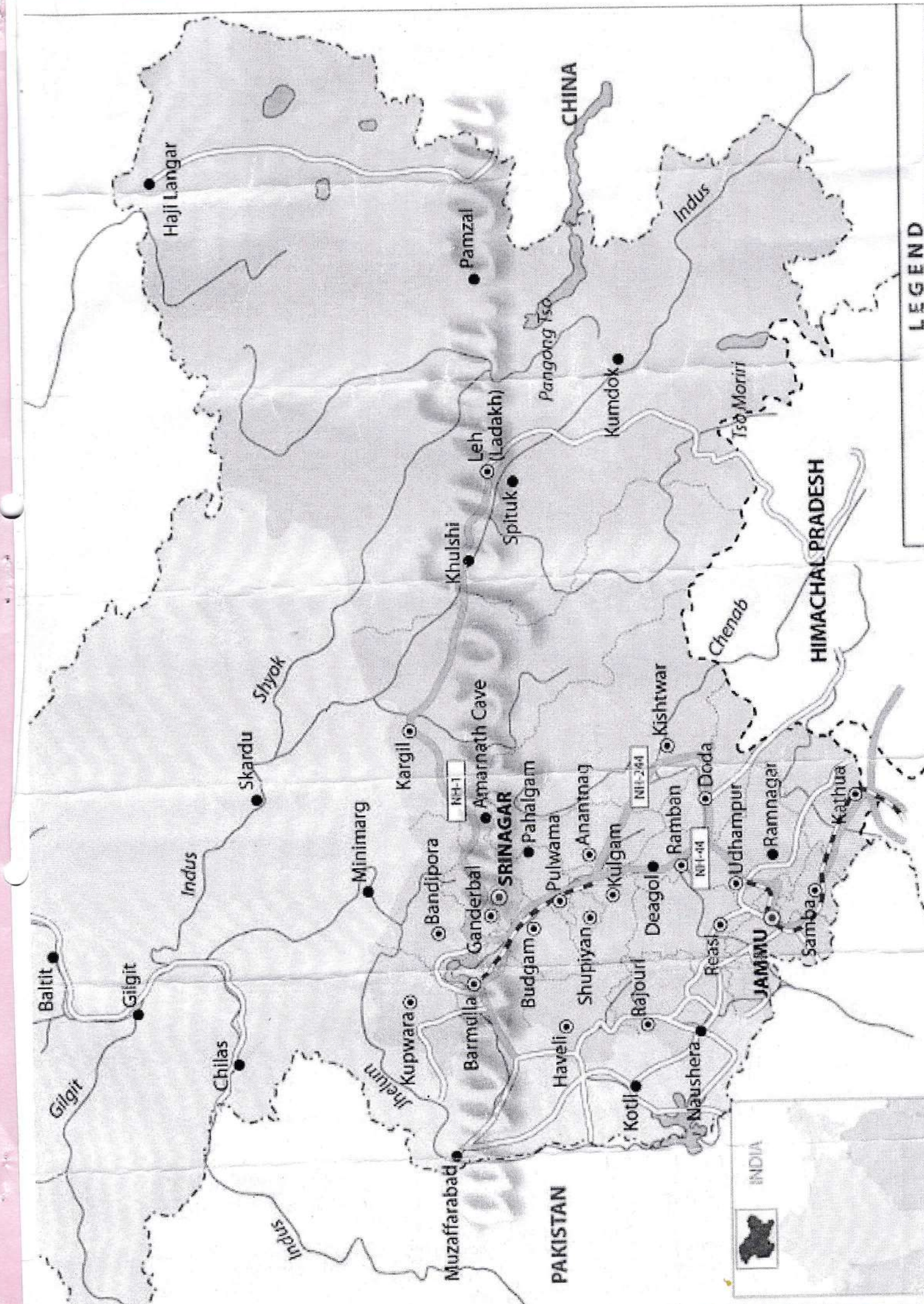
74.16 per cent population in Jammu & Kashmir is muslim. 23.72 per cent is Hindu. 0.89 per cent is Sikh. 1.21 per cent is Buddhism. 0.032 per cent are others.

## Traditional dress

The traditional dress of Jammu & Kashmir are:-

- 1 pheran
- 2 gown
- 3 shawl
- 4 churidar pyjama





Haji Langar

CHINA

Indus

Pamzal

Pangong Tso

Kumdok

Tso Moriri

Leh (Ladakh)

Khulshi

Spituk

HIMACHAL PRADESH

Chenab

Shyok

Skardu

Kargil

Amarnath Cave

Pahalgam

Pulwama

Anantnag

Kulgam

Deagol

Ramban

Kishtwar

Doda

Udhampur

Ramnagar

Samba

Kathua

Indus

Minimarg

Bandipora

Ganderbal

Budgam

Shupiyan

Rajouri

Naushera

Reasi

Kotli

Haveli

Muzaffarabad

JAMMU

Srinagar

Balitt

Gilgit

Chillas

Kupwara

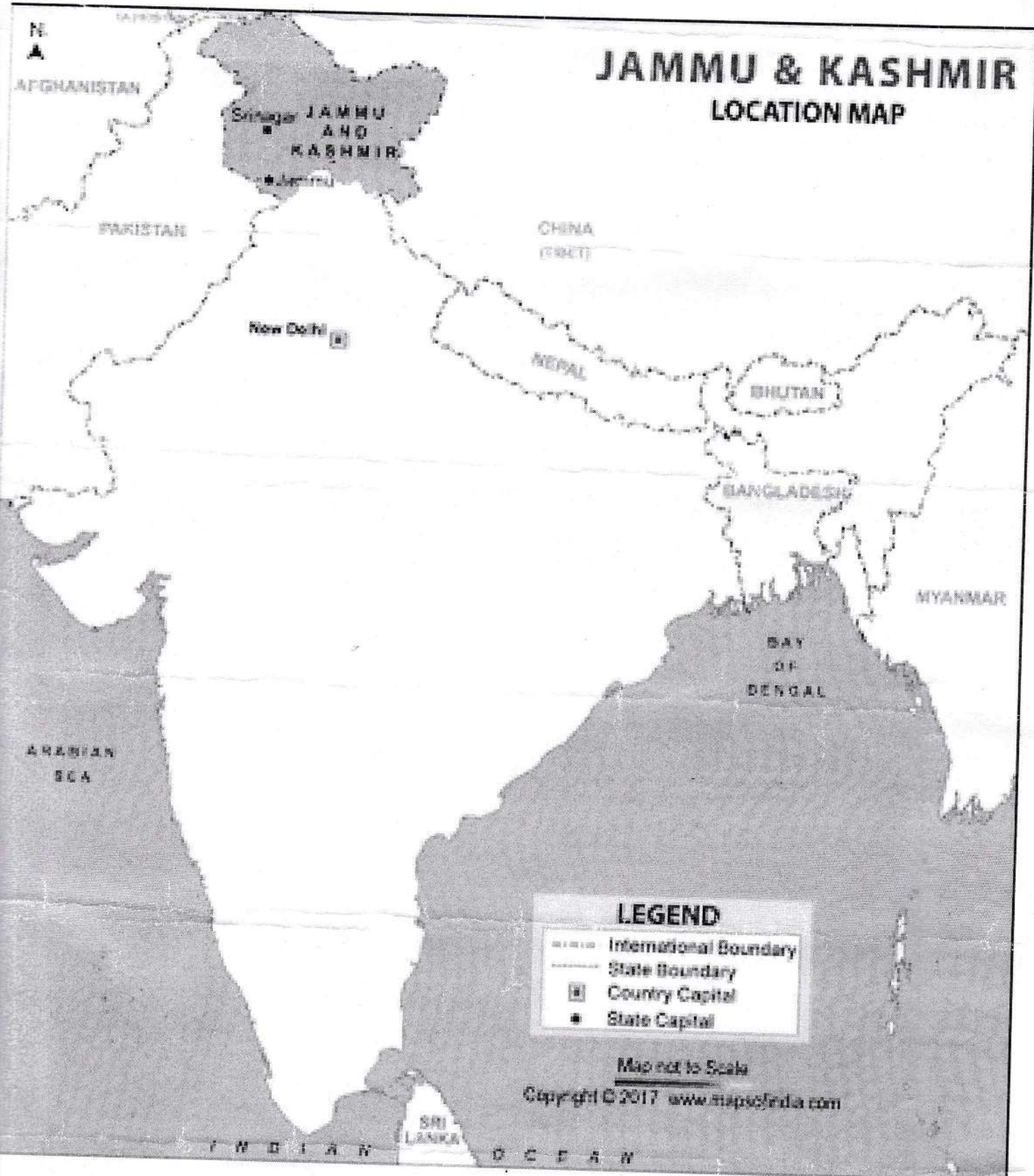
Jhelum

PAKISTAN

INDIA

LEGEND

# JAMMU & KASHMIR LOCATION MAP



### LEGEND

- - - - - International Boundary
- State Boundary
- Country Capital
- State Capital

Map not to Scale

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## History of Jammu and Kashmir

The history of Jammu & Kashmir is that in past foreigners have captured Jammu and Kashmir.

In past the Jammu and Kashmir have been divided into 2 parts the POK and the Indian part.

### Important religions present

Important religions are:-

Islam

and

Hinduism.